

2010-2011 Youth Volunteer Guidebook

Sponsored by New York Life Foundation



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OF UNITED WAY



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Youth Volunteer Program

Dear Friend:

Over the last year our country has been challenged in many ways, but through it all, a record number of volunteers have been coming out in Westchester and Putnam to help. What an amazing message of hope this brings in troubling times!

Youth not only want to be a part of this change, they are *leading* this nation in advocacy and service.



Gandhi once said "You must be the change you wish to see in the world." Young people around Westchester and Putnam are doing just that – one service project at a time.

With gratitude to the New York Life Foundation, The Volunteer Center is proud to share our fifth annual Youth Volunteer Guidebook with you. Thanks also to Diversified Investments Advisors for making it possible to provide printed versions of the Guidebook to all schools and libraries in Westchester and Putnam.

If you are working with a young person who is new to volunteering, this book is the perfect place to begin. You will be positively amazed at the impact volunteering can have on the lives of young people when they begin to share their gifts and talents with others.

Sincerely,

Alisa H. Kesten
Executive Director

Special Thanks to our team of staff and volunteers who worked many hours to make this book a success!

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2009-2010

Youth Volunteer Guidebook

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How to Use This Book

Featured Youth Stories Throughout the Book

Youth in Westchester and Putnam Counties are doing amazing things everyday. Read these featured stories throughout the book for great ideas.

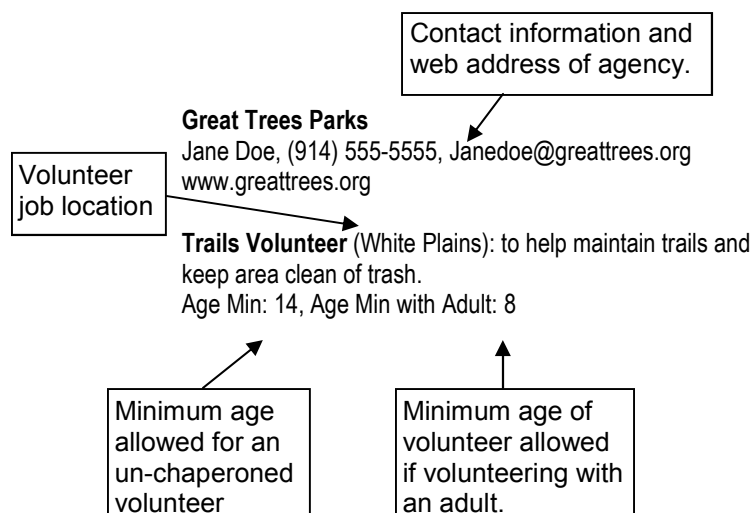


Step 1

Read through the directory of volunteer opportunities to find something that fits your skills, interests and time.

If you do not see what you are looking for, call us Monday to Friday, 8:30am-4:30pm at 914-948-4452 or send a request to volunteer@volunteer-center.org. You can also make an appointment to speak with a Referral Specialist in our Tarrytown office or over the phone.

Sample Entry:



Step 2

Call the contact listed in this book for the volunteer opportunity of your choice. Most nonprofits will ask you to come in for an interview but a few assignments will not require one. Each nonprofit has unique requirements for volunteering. For example, most programs working with children will send new volunteers for background checks. Some agencies will also require proof of a physical or TB testing.

If you have any trouble reaching an agency in this book, please contact us at 914-948-4452 or volunteer@volunteer-center.org so we can help.

School and Youth Leader Services

Let us help you inspire your students towards service! Thanks to a great partnership with New York Life Foundation, we are able to offer these services to youth free of charge:

Schedule someone to speak to your group. Our trained staff will speak to your students on any of the following topics:

- ◆ Be The Change: Why Should I Volunteer?
- ◆ How To Build A Better World In A Day: Developing One-Day Service Projects
- ◆ Creating a Project for Global Youth Service Day
- ◆ Taking Your Service Project To The Next Level
- ◆ Finding A Nonprofit Right For You

Get ideas for group projects.

- ◆ Search through ideas on our website
- ◆ Speak to a staff member M-F about ideas for your group by calling us at 914-948-4452
- ◆ Sign-up for our free monthly e-newsletter listing one-day service projects going on in Westchester and Putnam that youth can join

Participate in Global Youth Service Day! Read more on page 6

Nominate Youth to Win Service Awards

- ◆ Volunteer Spirit Awards: Read more on page 12

To benefit from these services, please fill out the form on the inside back cover or contact us at 914-948-4452 or volunteer@volunteer-center.org.



The partnership between The Volunteer Center and New York Life Foundation makes these programs and this Youth Volunteer Guidebook possible.



Tina Thomas from New York Life presents the New York Life Youth Leader Award at the Volunteer Spirit Awards Celebration.

Global Youth Service Day

**Students all over
Westchester and
Putnam ran projects
for Global Youth
Service Day**



(from top) Youth raise money at the SPCA walk-a-thon, Mt. Vernon Youth Bureau visits Wartburg Adult Day Care, family volunteers help clean up trash with Keep Putnam Beautiful, New Rochelle College students and faculty cleaned and painted at a local park.

The Volunteer Center supports the national movement by Youth Service America and millions of youth worldwide to make a difference on Global Youth Service Day in April.

What Can You Do?

- Clean up a park
- Raise awareness for a good cause
- Organize a "Senior" Prom for seniors
- Serve a meal in a soup kitchen
- Design a website
- Lead a team at a walk-a-thon
- Entertain Alzheimer's patients with music

Can We Get Help Planning Our Service Project?

Yes, we can support you in a number of ways:

- Get ideas for service projects on our website www.volunteer-center.org
- Sign up for our monthly e-newsletter listing one-day service projects
- Have a staff person speak to your group
- Global Youth Service Day ideas, grant information, and updates can also be found at www.ysa.org

Gain Recognition for A Good Cause

Submit a photo and photo caption of your volunteer activity to volunteer@volunteer-center.org, and The Volunteer Center may select the photo for the next Youth Volunteer Guidebook.

Call The Volunteer Center for more information at 914-948-4452.



Creative Fundraisers

With over 1000 nonprofit agencies in Westchester and Putnam, how do you choose which one to support?

There is no such thing as a nonprofit that will turn down money. So how do you decide which agency to support? Start by looking at issues you are passionate about (i.e. homelessness, aging, hospitalized children etc.). If you are not sure, read the front pages of the local paper for a few weeks. What makes you angry, sad or even surprised about Westchester or Putnam Counties? You can then look in this book for agencies that provide service in your area of concern or go to www.volunteer-center.org for a full listing of agencies. You can also call 2-1-1, an informational helpline run by United Way.

How do you raise the funds?

We found great resources on the internet. Try www.fundraising-ideas.org/DIY/index.html for a full listing of creative do-it-yourself ideas. Another site with good ideas is www.kidsforourtroops.org/ideasfromkids.htm. Google “fundraising ideas” and hundreds of sites come up.

Sometimes the wackiest ideas catch on the best. Some favorites include: the surprise 100 flamingoes that end up in the yard of a friend for a \$100 donation (friends are encouraged to retaliate for another donation), rubber duck race down a stream where people sponsor a duck, “Coin Harvests”, or have students pay a fee to wear a favorite or wacky hat to school.



▲ These young ladies ran an art table to raise money and awareness for SPCA

Nonprofits With School-Based Fund Drive Programs

American Red Cross will work with students on special projects to raise awareness and funds for emergencies and disasters locally and globally. Contact Andrea Grimaldi or Carissa Duro in Westchester at (914) 946-6500 x450 or x453 or Teri Walker in Putnam at (845) 938-4100 or (347) 219-9541.

American Heart Association works with students to set up *Jump Rope for Heart* and *Hoop for Heart* fundraisers to benefit research. Contact Candice Thurston, 914-640-3267, candice.thurston@heart.org

Cystic Fibrosis Foundation created a student program called Cure Finders! where students host *Jar Wars* between the homeroom classes or grades. Contact Jonathan Marks, 914-993-1460, westchester@cff.org.

Make A Wish Foundation's Kids for Wish Kids program helps groups of students make a wish come true for a child with a life-threatening illness. Contact: Abe Almanza, 914-478-9474, aalmanza@hudson.wish.org

Ronald McDonald House of the Greater Hudson Valley @ Westchester Medical Center in Valhalla runs a *Million Tabs* program where students collect soda can pull tabs and return them to raise money to give families a place to stay while critically ill children are at the hospital. Contact Janine Siala, 914-493-6455.

Peter Pan Children's Fund has a comprehensive school program, *Get Hooked on Peter Pan*, that introduces students (PreK-Grade 12) to philanthropy through the charitable legacy of Sir James Barrie, author of Peter Pan. Contact Joan Monk, 914-764-9585, ppcfteacher@aol.com.

Family Volunteering



▲ Yeuh-Shan and her mom volunteered at the SPCA walk-a-thon. Archie and his mom volunteered for a *Keep Putnam Beautiful* project. ▼



One of the largest and fastest growing trends in volunteerism is family volunteering. A large part of this growth is actually due to kids' willingness to hang out with their parents. Surveys show over 90% of kids today "get along" with their parents, and nearly 80% say they get along "very well" or "extremely well" (Howe & Strauss, 2005).

Family volunteering also opens the doors to working with some agencies who would not normally take a youth age 17 or younger. The index at the end of this book lists some of the nonprofits with family volunteer opportunities. For a complete list of things you can do as a family, go to www.volunteer-center.org. The advanced volunteer search will allow you to select opportunities if you are volunteering as a family.

Here are just a few examples of what you can do as a family:

Make a Wish Foundation asks families with young children to create get well and thank you cards. Call 914-478-9474

Adopt-a-Grandparent and friendly visitor programs are popular family opportunities in many senior residences like **Sarah Neuman (914-864-5140)**.

Pleasantville Cottage School has families visiting with youth each month for recreation activities as well as taking youth on outings during the school year. Contact Phina Geiger, 914-741-4569

Get outdoors by volunteering at a local park or environmental center. Planting, weeding and trash pickup are all easy activities that significantly help the local environment. Here are some great organizations throughout the area:

- ◆ **Westchester County Parks, Recreation and Conservation** (All around Westchester County): 914-864-7054
- ◆ **Groundwork Hudson Valley** (Yonkers): 914-375-2151
- ◆ **Beczak Environmental Education Center** (Yonkers): 914-377-1900
- ◆ **Keep Putnam Beautiful** (Putnam County): 845-278-6130
- ◆ **Stone Barns** (Pocantico Hills): 914-366-6200 x153

Family Volunteering

Deliver meals to those in need and help bring a smile to someone's day. Some of the agencies delivering meals throughout the area include:

- ◆ Meals on Wheels- Bronxville: 914-787-3027
- ◆ Meals on Wheels- White Plains: 914-946-6878
- ◆ Meals on Wheels- New Rochelle: 914-576-3865
- ◆ SNAP– Somers Nutrition Program: 914-232-0807
- ◆ Ossining Food Pantry: 914-762-5510
- ◆ Lord's Pantry (White Plains and New Rochelle): 914-682-4306

United Way Young Leaders Society brings together these United Way supporters and their families to do service projects throughout the year. Contact Francely Bernard at (914)-997-6700 x 739, fbernard@uwwp.org

At **The Salvation Army of White Plains** families with kids, age 12+, can cook on Sunday mornings for this soup kitchen and community center. Contact Captain Antonio Rosamilia, 914-949-2908

Guiding Eyes for the Blind needs families willing to foster and raise a guide dog during their puppy years. Foster home families make sure the dogs learn the socialization skills necessary for them to be a guide for someone with visual impairment. Contact 845-230-6412

Volunteer Tourism gives families an incredible opportunity for quality time while making a difference in the world. Westchester based **Bridges for Community** facilitates service trips to places like Nicaragua to work in local communities. Open to families with youth age 14+. Contact Rusty Pederson, 914-923-2200, rusty@bridgestocommunity.org

Children for Children, based in NY city is another place to get information about volunteering with younger children
www.childrenforchildren.org, 212-850-4170

For other service opportunities for younger volunteers accompanied by an adult chaperone, see the index list on page 44.

If you get stuck or don't know where to turn for help, give our office a call at 914-948-4452 and ask to speak to the Volunteer Referral Coordinator.



▲ **United Way Young Leaders Society** volunteers help beautify Westchester and do other service projects throughout the year.



Sign up for Our Enews!
Many one-day volunteer opportunities like walk-a-thons and beach clean-ups are perfect for families. To receive our e-newsletter twice a month, go to
www.volunteer-center.org
and sign up for this valuable resource.

Wish Lists for Nonprofits

Do you want to collect items that could benefit a good cause? Many organizations have “wish lists” of items they could use. You can run a gift drive during the holidays or collect blankets for dogs and cats at a shelter. Below is a short list of needed items and agencies who can use them. If you don't see your favorite charity here, just call them up and ask if they have a wish list for in-kind donations.

If you have an item you wish to donate (i.e. computer, furniture, clothes) and do not know where to go, you can call United Way's Gift-In-Kind program, 914-997-6700. United Way will distribute a description of the item you have to several hundred nonprofit agencies.

Wish List Items for Non Profits

Food Drives *(a full list of local food pantries will be posted in the October e-newsletter or call us year-round at 914-948-4452)*

Community Center of Northern Westchester, 914-232-6572
Food Pantry of Westchester, 914-923-1100
Putnam Community Action Program, 845-278-8021
Westchester Coalition for the Hungry and Homeless, 914-682-2737
WestHab, 914-345-2800
Aids Related Community Services

Books

JCY Westchester Community Partners (new & gently used children's books), 914-493-8011
Open Door (picture and board books), 914-502-1468
Westchester Jewish Community Services, 914-761-0600 x222
WestHab, 914-345-2800

Comfort Kits

Victims Assistance Services, 914-345-3113

Arts and Craft Supplies

Head Start FSW, 914-937-2320 x134
WestHab, 914-345-2800

Holiday Gifts

Julia Dyckman Andrus Memorial, 914-965-3700 x1303
Family Services of Westchester, 914-937-2320 x134
Open Door (new toys), 914-502-1468
The Children's Village (all age gifts), 914-693-0600 x1586
Westchester Jewish Community Services (new only), 914-731-0600 x222
WestHab, 914-345-2800

Games, DVDs and Sports Equipment

Mental Health Association, 914-345-0700 x208
Behavioral Health Center, 914-493-1861
WestHab, 914-345-2800

Musical Instruments

Song Catchers Inc., 914-654-1178

Adopt-A-Family Program

Family Services of Westchester, 914-937-2320 x134
Friends of Karen, 914-277-4547

Clothes

Mental Health Association, Sterling Club, 914-949-7034
WestHab, 914-345-2800
Career Closet (suits only), 914-944-1472
Back-to-School Clothes for Kids, (new only) 914-697-2792
FSW- The Sharing Shelf (infant-18 yrs new & gently used), 914-973-2320 x148

Easter and Passover Baskets

Westchester Jewish Community Services, 914-761-0600 x222
Friends of Karen, 914-277-4547
Family Services of Westchester, 914-937-2320 x134
Behavioral Health Center, 914-493-1861

Camp Supplies

Camp Viva, Family Services of Westchester, 914-937-2320 x134
Friends of Karen, 914-227-4547

Baby Supplies

AIDS Related Community Services, 914-785-8214
Planned Parenthood, 914-220-1025
Hope's Door, 914-747-0828
Pregnancy Care Center, 914-235-0505
Mental Health Association, 914-345-0700 x208
Friends of Karen, 914-227-4547
Open Door (quick read digital thermometers), 914-502-1458

Doggie Biscuits and Blankets

SPCA, 914-941-2894 x28
Elmsford Animal Shelter, 914-592-7334
Guiding Eyes for the Blind (needs newspapers), 845-878-3867

Blanket Collections

Project Linus, www.projectlinus.org
Midnight Run, 914-693-7817

Tips for Choosing a *Bar/Bat Mitzvah* Service Project

By Daniel Rothner, Areyvut Founder & Director

Preparing for your *Bar/Bat Mitzvah* gives you the perfect opportunity to reflect on the positive impact you have had on others and how best to continue on this path. By participating in a *Bar/Bat Mitzvah* service project, you are given the chance to select a cause that is important to you. You can give back to your community or the world at large in any number of ways including volunteering, centerpieces, doing a service project at your party, fundraising, giveaways, raising awareness about a cause or agency and philanthropic funds ... the list is endless. Here are some tips on how to choose a project:

- Consider what becoming a *Bar/Bat Mitzvah* means to you.
- Think about challenges in the world that you would like your *Bnai Mitzvah* project to address.
- Think about *Mitzvah* projects your friends and relatives have done. What did you like about them?
- Contact organizations with whom you can partner for your project.
- Learn more about the problem you are addressing.
- Include information about your project in your invitation, at the service or party.



Here are some examples of projects other students have chosen:

While in Israel, Alex Kalb of New Rochelle donated school supplies to a youth center and packaged food for families of sick children. He also contacted a local hospital and donated board games that had been used as centerpieces at his party to their pediatric ward.

Benjamin Claar of Scarsdale volunteered at Sunday Fun Day, a program at his local Jewish Community Center that helps children with special needs with art, music, theater, and computers.

Alex Meisels of New Rochelle hosted a Mitzvah Clown training attended by over 25 classmates and friends. At the training, participants learned the importance of Mitzvah Clowning, how to make balloon animals, apply clown make-up and put into action what they had learned by visiting a local senior center.

Having difficulty choosing a project? The Volunteer Center has a full listing of nonprofits and volunteer projects at www.volunteer-center.org, or look through the list below to see local nonprofits who specialize in Mitzvah assistance!

Nonprofits That Can Help You With Your Bar/Bat Mitzvah Project

Areyvut

Areyvut staff members work one-on-one with you and your family to help you choose the chesed project that fits you best! We provide as much or as little guidance as you and your family request. To schedule an individual consultation, please contact Daniel Rothner, 201-244-6702, daniel@areyvut.org. Or visit http://www.areyvut.org/individual_intake_form/ to complete our Bnai Mitzvah intake form.

Operation Mitzvah, Teen, and Family Community Service Program (Westchester Jewish Community Services)

Operation Mitzvah provides Westchester pre-Bar/Bat Mitzvah children with substantive community service/mitzvot projects that teach the importance of service, its connection to the mitzvot in the Torah, and its relationship to becoming a Bar/Bat Mitzvah. Contact: Susan Kronish, Coordinator, 914-761-0600 x147, skronish@wjcs.com

UJA- Give A Mitzvah Do a Mitzvah

This program is designed for youth preparing for their Bar/Bat Mitzvah. Our agency will help you or a group of students create one time and ongoing service and funding opportunities in Westchester, New York City, Long Island and Israel. Contact Donna Divon, 914-761-5100 ext 130, divond@ujafedny.org

The Volunteer Spirit Awards Celebration

The Volunteer Spirit Awards Celebration is the premiere volunteer recognition event in Westchester and Putnam Counties. Every year, The Volunteer Center recognizes a distinguished group of volunteers who have done extraordinary work in our communities. Volunteers are nominated in eight categories, and a blue ribbon panel of judges selects just one winner or winning group for each category.

The Volunteer Spirit Awards Celebration is scheduled every year in April to coincide with National Volunteer Week. Nominations for the award are usually due in December. For more information and exact dates, please call our office at 914-948-4452 or go to our website at www.volunteer-center.org.

Award Categories

Youth can be nominated for any of the following awards:

Going Green Award

To honor volunteers working to improve and protect the environment.

Arts, Culture and Recreation Award

To honor volunteers who strive to increase and promote cultural and recreational activities.

Continued...

Chantal Noreika, 16, is well known for her enormous commitment to the environment, nature and Teatown Lake Reservation. Chantal has volunteered more than 250 hours at the Reservation since 2008. This is "more than any other teen who has ever volunteered at Teatown," said Beth Rhines, Volunteer Coordinator for Teatown Lake Reservation.

Since Chantal began volunteering at Teatown, she has been contagiously enthusiastic about teaching the public more about animals and nature. She started with little prior knowledge of Teatown and now does six different types of Teatown volunteer jobs: Animal Care, Natural History Education, Trail Maintenance, summer camp Counselor In-Training, Clerical Work, and Special Events Assistance.

Rhines says that in the past Teatown was hesitant about re-starting its Teens In Teatown (TNT) volunteer program but through example Chantal was able to show the staff that teenagers can be responsible for getting their work done and are the missing link in the volunteer program. "With her positive attitude and hard work, she is a role-model for her peers".

Chantal Noreika **2010 New York Life Youth Leader Award** **Volunteer Spirit Award Celebration**



A Celebration of The Volunteer Center of United Way

Continued from previous page

Emergency Responder Award

To honor emergency responders including firefighters, EMT's and disaster response volunteers.

Education and Literacy Award

To honor volunteers dedicated to education and literacy through activities including, but not limited to, tutoring, adult literacy, library-based initiatives, early childhood education, etc.

Social Justice Award

To honor volunteers who advocate for and support the righting of injustice in our community in areas such as, but not limited to human rights, minority rights, domestic violence, homelessness, housing, job preparedness, etc.

Quality of Life Award

To honor individuals for their work in health and nutrition through activities including, but not limited to health advocacy, hospital care, home-delivered meals, food pantries, and obesity-reduction efforts and improving the quality of life for the elderly and the disabled.

New York Life Youth in Action Award

To honor a youth group (21 and under) that has made a significant contribution to a cause.

New York Life Youth Leader Award

To honor an individual youth age 21 and under for his/her volunteer work.

***Nomination Deadline: Usually in December.
Call 914-948-4452 for exact details.***

Fordham Preparatory School 2010 New York Life Youth in Action Award Volunteer Spirit Award Celebration



For about three hours every Saturday and during holidays and summer break, three dedicated Yonkers teen volunteers – Michael Alba, Matthew Arana and Matthew Bernacchia knock on the doors of seniors. These teens, who attend Fordham Preparatory School in the Bronx, put together food packages, deliver hot meals and provide conversation to those elderly, ill or infirm who are isolated and homebound.

"We seek and encourage youth participation" said Patricia Weinheimer, Director for Meals on Wheels 10708 in Bronxville. "The involvement of young people in our program offers the seniors an ongoing connection to a very basic service through interaction, attention and an almost extended family approach that is very important to the seniors' emotional well being."

Matthew Bernacchia, 17, says that he never had much contact with seniors before this volunteer experience. He now understands what it is like for seniors to grow older and how much they enjoy the interaction they get from the visits. "They thank me so many times – each visit is just a few minutes, but the attention makes a difference."



Dr. Martin
Luther King Jr.
Legacy Youth Awards
Westchester County NY
2011

Nominate a Youth for a Legacy Award

In 2001, United Way in partnership with the African American Men of Westchester (AAMW), the Westchester County Youth Bureau, Family Service of Westchester, the Peekskill and White Plains Youth Bureaus, the Port Chester Carver Center, the Boys and Girls Club of Northern Westchester, and the Westchester County Department of Social Services, established the first county-wide Martin Luther King Legacy Youth Initiative and Awards.

This initiative was created to acknowledge the important contribution Dr. Martin Luther King, Jr. made to our society by highlighting youth who have contributed to our community in ways that reflected Dr. King's life work.

Youth are recognized in nine categories based on Dr. King's legacy:

Social Action "The time is always right to do what is right."

Social Justice "Injustice anywhere is a threat to justice everywhere."

Peace/Nonviolence "I still believe that one day....non violent redemptive goodwill will proclaim the rule of the land."

Vision "I have a dream that one day this nation will rise up and live out the true meaning of its creed-we hold these truths to be self-evident that all men are created equal."

Building Bridges "The ultimate measure of a man is not where he stands in times of comfort and convenience but where he stands in time of challenge and controversy. The true neighbor will risk his position, his prestige and even his life for the welfare of others."

Spirit of Love "Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that."



All nominations will be reviewed and awardees selected by mid-December.

The awards will be presented at the annual MLK Legacy Youth Luncheon to be held January.

NOMINATION GUIDELINES

1. Nominees must be residents of Westchester or Putnam Counties, and under 21 years of age. The leadership/community service activities described must benefit the citizens of Westchester or Putnam.
2. Decisions made by the selection committee are final. All submitted entry forms become the property of the Selection Committee and will not be returned.
3. Nominations must be submitted by their due date in October (Please call for exact date).

For further information, contact:

United Way of Westchester and Putnam
(914) 997-6700
www.uwwp.org

Youth Bureaus

Youth Bureaus are an exciting way to help your local government support youth initiatives, raise awareness, and learn valuable leadership skills.

City of Mt. Vernon Youth Bureau

Debbie Burrell
City Hall / 1 Roosevelt Square
Mt. Vernon, NY 10550
Phone: (914) 665-7495
DBurrell@ci.mount-vernon.ny.us

City of New Rochelle Youth Bureau

Kelly Johnson, Executive Director
515 North Avenue
New Rochelle, NY 10801
Phone: (914) 654-2045
kjohnson@newrochelleny.com

City of Peekskill Youth Bureau

Valerie Swan, Executive Director
840 Main Street
Peekskill, NY 10566
Phone: (914) 734-8418
vswan@cityofpeekskill.com

City of White Plains Youth Bureau

Frank Williams, Executive Director
11 Amherst Place
White Plains, NY 10601
Phone: (914) 422-1378
fwill@ci.white-plains.ny.us

Yonkers Bureau of Youth Services

285 Nepperhan Avenue
Yonkers, NY 10701
Phone: (914) 377-6436

Putnam Co. Youth Bureau

Joseph Demarzo, Executive Director
Donald B. Smith, County Gov. Campus
110 Old Route 6 Bldg. 3
Carmel, NY 10512
Phone: (845) 225-6316
joseph.demarzo@putnamcountyny.com

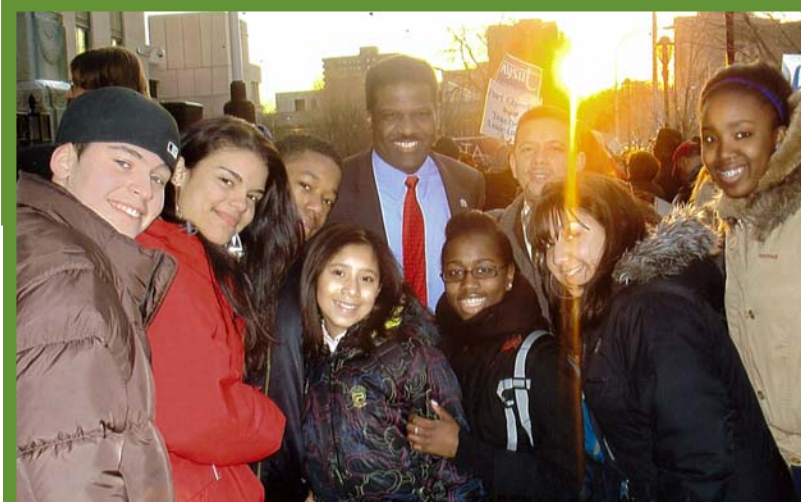
Westchester County Youth Councils Family Services of Westchester

Established in 2003, The Westchester County Youth Councils are teen-run, multi-issue youth advocacy programs. Their mission is to empower teens to become an active "voice" and sounding board throughout the County for important issues of county responsibility, such as health, mental health and the social services planning process. Participants develop and promote a countywide youth agenda and serve on committees. The Councils consist of teen representatives from demographically diverse areas who meet monthly and interact with local governments, commissions, task forces and youth agencies.

Senior Youth Council: is open to young people aged 14 to 18 years who have a desire to make a positive impact on their community. Committees deal with substance abuse, teen sexuality, and youth violence.

Junior Youth Council: is open to young people aged 11 to 13 years who have a desire to make a positive impact on their community. Committees deal with fundraising and the performing arts. The four major components of the program are community service, collaboration with the WCYC, training from Westchester County professionals and mission-related field trips.

Youth council members spoke at a rally on March 2009 in White Plains. The youth insisted that we need REAL shared sacrifice-- those who can afford to pay more, should pay more so that essential services, schools, and hospitals don't have to shoulder the burden of our economic situation. More importantly, they also spoke about how the cuts are going to affect positive youth development programs such as the Youth Councils. Youth Council members are pictured above with County Board of Legislator, Ken Jenkins.



One-Day Volunteer Events Throughout The Year

There are many events you can help with throughout the year. Exact dates and times may change so check with the nonprofit for details or sign up to receive The Volunteer Center e-newsletter at www.volunteer-center.org for the latest updates.

January-March

WESTCHESTER COUNTY DEPARTMENT OF PARKS, RECREATION AND CONSERVATION

Save A Tree - Training and Vine Cutting (Westchester)

914-813-5425, www.vinecutter.com

Vines are strangling the trees in Westchester. Groups and individuals are welcome to join an organized effort to remove vines from parks along the Bronx River Parkway.

Age Min: 16, **Age Min with Adult:** None

March

AMERICAN CANCER SOCIETY

Daffodil Days (White Plains)

Nicole Gauthier, 914-397-8844, nicole.gauthier@cancer.org

Volunteers needed to help pack Daffodil orders for fundraiser that increases awareness of cancer and raises funds for research, education, advocacy and patient and family services. **Age Min:** 18 **Age Min with Adult:** 14

MANITOGA/THE RUSSEL WRIGHT DESIGN CENTER

Landscape Volunteer Day (Garrison)

Kathy Kuryla, 845-424-3812, volunteer@russelwrightcenter.org

Join in Manitoga's Volunteer Landscape Days and preserve Russel Wright's landscape vision. **Age Min:** 15

TEATOWN LAKE RESERVATION

Pancake Breakfast (Ossining)

Beth Rhines, 914-762-2912 x 115, brhines@teatown.org

Help cook, serve and clear at Teatown's annual brunch. **Age Min:** 14

April

CARAMOOR CENTER FOR MUSIC AND THE ARTS

Plant Sale (Katonah)

Merceds Santos Miller, 914-232-8076, merceds@caramoor.org

Volunteers needed to help with Caramoor's annual spring plant sale which raises funds for the museum. **Age Min:** 16

FURNITURE SHAREHOUSE

Furniture Donation Drive (Armonk)

Kate Bialo, 914-834-1294, bialok@aol.com

Furniture Sharehouse collects gently-used furniture for needy families. Help unload furniture, greet donors, complete donation forms, tag and sort donated furniture and re-load onto a trailer. **Age Min:** 16

MARCH OF DIMES

March for Babies (White Plains- Saxon Woods Pool)

Christine White, 914-407-5004, cwhite@marchofdimes.com

Work at registration table, or help raise funds and walk to honor a little fighter, or to remember a baby who didn't survive. **Age Min:** None

NATIONAL MS SOCIETY

Walk MS (Carmel and Rye)

Sasha Wells, 212-453-3214,

Volunteers needed to assist with registration, t-shirts, and water stations.

Walkers also needed. **Age Min:** 14

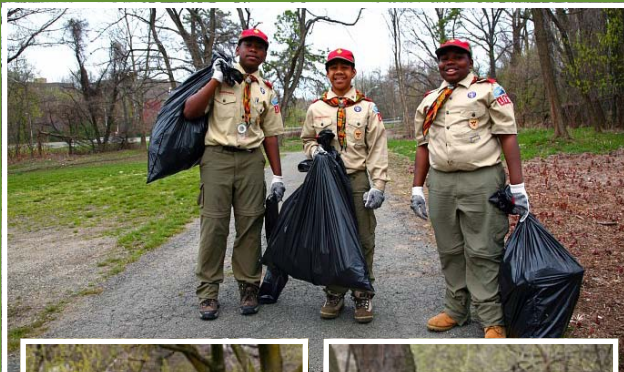
WESTCHESTER COUNTY DEPARTMENT OF PARKS, RECREATION AND CONSERVATION

Pitch In For Parks (All Westchester County parks, pathways, and nature preserves)

Robert Del Torto, 914-864-7054, rld6@westchestergov.com

Pitch in and play a role in the stewardship of Westchester County parks, which encompass more than 18,000 acres of parks, trails and nature centers. Help with trail clearing, pruning, flower bed prep, debris removal, painting, sweeping and cleaning. Volunteer for just an hour or two or for the entire day. **Age Min:** 16, **Age Min with Adult:** None

Thousands of Volunteers including this Boy Scout troop from Mt. Vernon helped clean up Westchester parks in April for the annual *Pitch in For Parks Day*.



One-Day Volunteer Events Throughout The Year, *Continued*

May

AMERICAN CANCER SOCIETY

Relay for Life (Multiple dates and locations in May/June)

Nicole Gauthier, 914-397-8844, nicole.gauthier@cancer.org

Relay for Life is a fun-filled overnight event designed to celebrate survivorship and raise money for research and programs of the American Cancer Society. During the event, teams of people gather at schools, fairgrounds, or parks and take turns walking or running laps.

Age Min: 16

ANDRUS CHILDREN'S CENTER

A Clean Scene (Yonkers)

Genna Federico, 914-965-3700 ext. 1200, gfederico@jdam.org

Volunteer a day of service to help clean our 107 acre campus, plant flowers, rake or weed, or whatever hand you can lend. **Age Min:** None

CROHN'S & COLITIS FOUNDATION OF FAIRFIELD & WESTCHESTER

Take Steps Walk (Yorktown)

Wendy Silverman, 914-328-2874, wsilverman@ccfa.org

Take Steps is Crohn's & Colitis' national evening walk and celebration of the nation's largest event dedicated to finding cures for digestive diseases. Volunteers are needed to help with set up, registration, food distribution and general tasks. **Age Min:** 16

CYSTIC FIBROSIS FOUNDATION

Great Strides Walk (Rye and Carmel)

Jonathan Marks, 914-993-1460,

Cystic fibrosis (CF) is a devastating genetic disease that affects tens of thousands of children and young adults. Research and care supported by the Cystic Fibrosis Foundation is making a huge difference in extending the quality of life for those with CF. Help is needed now more than ever to ensure that a cure is found sooner - rather than later.

Age Min: 15

GROUNDWORK MID-HUDSON

The Great Saw Mill River Clean-Up (Westchester - Saw Mill River)

Emily Eder, 914-375-2151, emily@groundworkhv.org

Groups and individuals needed to mobilize throughout the Saw Mill River Watershed, from Yonkers to Chappaqua, to pick up trash and debris along the river. Get involved with not only improving the Saw Mill for the people, plants, and animals that use it, but also preventing the trash from flushing out into the Hudson. **Age Min:** None

JOHN JAY HOMESTEAD STATE HISTORIC SITE

Spring Clean-Up (Katonah)

Bethany White-Lee, 914-232-5651 x 101,

bethany.white@oprhp.state.ny.us

Volunteers of all ages and abilities are welcome to join our annual spring clean-up. Lend a hand sprucing up this National Historic Landmark! **Age Min:** None

PLEASANTVILLE COTTAGE SCHOOL

Walk for the Cottage Schools (Pleasantville)

Phina Geiger, 914-741-4569, www.jccany.org/walk

Third annual walk to raise funds and offer hope to hundreds of foster care children. Looking for individuals and groups interested in helping to raise money for the school by walking with youths on the school campus. **Age Min:** 15

SPCA OF WESTCHESTER

Wags & Whiskers Walk-a-thon and Pet Fair (Yorktown Heights- FDR Park)

Alice Shanahan, 914-941-2896, alice@spca914.org

Volunteers are needed to walk to help fundraise for the SPCA. Sign up today with your team or as an individual / family to participate! Feel free to bring your pets! **Age Min:** None



One-Day Volunteer Events Throughout The Year, *Continued*

SPECIAL OLYMPICS

Spring Games (Brewster High School)

Mercedes Vincent, 845-765-2497, lefraimsena@nyso.org

Volunteers are needed to help staff the Special Olympics Spring Games. This is a well attended event and volunteers of all talents are needed.

Age Min: 16

TEATOWN LAKE RESERVATION

Plant Sale (Ossining)

Beth Rhines, 914-762-2912 x 115, brhines@teatown.org

Assist with set up, sales and carrying plants for customers during Teatown's annual plant sale. **Age Min:** 14

WESTCHESTER COUNTY OFFICE FOR WOMEN

Volunteers for Mamapalooza 2010 (Valhalla – Kensico Dam Plaza)

Joy Rose, 914-995-6127, joy@mamapalooza.org

Our mission is to empower, encourage and enlighten all women who are mothers to claim their voice. Volunteers are needed for different activities throughout the day including set up, clean up, face painting, greeting and directing people, etc. **Age Min:** 16

June

CAMPAIGN FOR WESTCHESTER CHILDREN'S MUSEUM

Third Annual Explor-A-Thon (Rye Playland)

Bridgita Nokaj, 914-421-5050, bnokaj@discoverwcm.org

A day for families to walk from station to station to participate in hands-on activities. Volunteers will man stations, help at registration, set-up and clean-up. **Age Min:** 12, **Age Min with Adult:** 10

CLEARWATER

Clearwater Hudson River Festival (Croton Point Park)

Jonathan Wright, 845-265-8080, volcoord@clearwater.org

The Clearwater Hudson River Festival is a wonderful music and environmental event but for the volunteers, its so much more! By volunteering become part of the warm and lively festival community. Volunteers receive meals, snacks, camping, parties, and a T-shirt! (\$25 required to cover expenses associated with feeding of volunteers). **Age Min:** Under 18 should be accompanied by an adult.

JUVENILE DIABETES RESEARCH FOUNDATION

Family Fun Day and Diabetes Expo (Rye Playland)

Kathy Fox, 914-686-7700, westchester@jdrf.org

Volunteers assist staff and vendors with set-up and breakdown and during the event will be face painters and game attendants. Receive 6 hours of community service, lunch, and a ride wristband. **Age Min:** 15

RICHMOND COMMUNITY SERVICES

Funfest (Yonkers)

Elyse Allbee, 914-968-1900, eallbee@richmondcommserv.org

A developmental facility for disabled sponsors a fundraising funfest. Help needed serving cotton candy, snow cones, ice cream and assisting with spin art, beading bracelets, blowing bubbles and other carnival activities. **Age Min:** 14

July

GIANT KIDS

Family Fun Day (Mahopac- Camp Kiwi)

Eric Semenetz, 914-263-3247, semenetz@giantkids.org

GiantKids raises money for kids' cancer support. Volunteers needed to help with planning, set-up, face painting, selling tickets, and clean-up.

Age Min: 14

August

PEEKSKILL CELEBRATION

Festival Volunteer (Peekskill)

www.peekskillcelebration.com

Volunteers needed for this one week event to help with traffic flow, information booth, Dragon Boat races, Farmer's Market, Riverfront Green, Concerts and more. **Age Min:** 15



Sign up for The Volunteer Center e-newsletter at www.volunteer-center.org to receive monthly notices of these events and other local volunteer opportunities.

September

HISTORIC HUDSON VALLEY

Great Jack-O-Lantern Blaze Pumpkin Scoopers (Croton - Van Cortlandt Manor)

Ross W. Higgins, 914-631-8200 x633, rwhiggins@hudsonvalley.org

This exciting Halloween event features a sea of 3,000 glowing jack-o-lanterns carpeting the historic landscape. Volunteers needed to help cut open and scoop pulp and seeds out of each pumpkin to prepare it for carving. **Age Min:** 15 **Age Min with Adult:** 8

PKD FOUNDATION- HUDSON VALLEY CHAPTER

The Hudson Valley Walk for PKD (Bedford Hills Memorial Park)

Heidi Cambareri, 914-953-1163, hudsonvalleychapter@pkdcure.org

A 2.5 mile walk to raise funds for PKD (polycystic kidney disease) research. Help with registration, assisting walkers, setup, cleanup, face painting, grilling and serving food. **Age Min:** 15

One-Day Volunteer Events Throughout The Year, *Continued*

THE LEUKEMIA & LYMPHOMA SOCIETY

Westchester Triathlon (Rye)

Katie Hobday, 914-949-0488, katie.hobday@lls.org

Come out for one of the largest triathlons in the Northeast, while also helping the Leukemia and Lymphoma Society! Volunteers needed to help cheer and guide participants along the correct route. **Age Min:** 13

THE RYE ARTS CENTER

Festival 51 (Rye)

Diana Keller, 914-967-0700, dianarac@hotmail.com

Run the cotton candy machine, face paint or help set-up and clean-up.

Age Min: 14

WESTCHESTER TOUGHMAN TRIATHLON INC

Race Volunteer (Croton on Hudson - Croton Point Park)

Dr. Richard Izzo, 914-536-0521, R.Izzo@westchestertoughman.com

Help out by manning water tables and cheering squads on the run course. Help also needed the week before the race with bag stuffing, registration, and pre-raceday preparations. **Age Min:** 15

October

ALZHEIMERS ASSOCIATION

Alzheimer's Memory Walk (White Plains High School)

Terry Kean, 914-253-6860, terry.kean@alz.org

Walk and fundraise at our annual event. Also needed are day of event volunteers for early morning set up, registration, face painters and clean up. **Age Min:** 15

AMERICAN CANCER SOCIETY

Making Strides Against Breast Cancer (Purchase -Manhattanville College)

Nicole Gauthier, 914-397-8844, nicole.gauthier@cancer.org

Fight back against breast cancer and provide hope to all people facing the disease. There are many ways for volunteers to support Making Strides Against Breast Cancer of Westchester. **Age Min:** 16

AMERICAN DIABETES ASSOCIATION

Step Out For Diabetes (White Plains)

Teresa Gaudio, 914-253-4909, tgaudio@Diabetes.org

This is an exciting four mile walk through downtown White Plains.

Volunteers are needed to help with set-up, registration, break-down, serve refreshments, offer assistance, provide support to walkers, hand out t-shirts and get participants moving in the right direction.

Age Min: None

AMERICAN HEART ASSOCIATION

Westchester Heart Walk (Valhalla - Kensico Dam Plaza)

Sari Kornfield, 914-640-3274, sari.kornfield@heart.org

Since 1924 the American Heart Association has helped protect people from the ravages of heart disease and stroke. Volunteers needed to help load vans with supplies and setup the day before the walk. Volunteers also needed the day of the walk to register walkers and direct them, to greet Survivors and VIPs, to man water stations and clean up & tear down after the walk. **Age Min:** 16, **Age Min with Adult:** None

HISTORIC HUDSON VALLEY

Great Jack-O-Lantern Blaze Pumpkin Lighters (Croton - Van Cortlandt Manor)

Ross W Higgins, 914-631-8200 x633, rwhiggins@hudsonvalley.org

Volunteers needed to help light votive candles inside 500 pumpkins every night of the event. **Age Min:** 15, **Age Min with Adult:** 8

JUVENILE DIABETES RESEARCH FOUNDATION

Walk to Cure Diabetes (White Plains High School)

Kathy Fox, 914-686-7700, westchester@jdrf.org

Volunteers needed to set-up & breakdown, pumpkin & face painting, registration, hand out T-shirts, popcorn, etc. Breakfast, lunch & volunteer t-shirts provided. Bring some friends and have fun volunteering together. **Age Min:** 15

MHA OF WESTCHESTER

5K Run and 1 Mile Kids' Race (Yorktown Hts.- FDR Park)

Connie Moustakas, 914-345-5900, moustakc@mhawestchester.org

Support mental health and wellness! Join this family-friendly event to create community awareness and help to eliminate the stigma associated with mental illness. Volunteers are needed in all capacities for this event. **Age Min:** 15

SUPPORT CONNECTION, INC.

Breast and Ovarian Cancer Support-A-Walk (Yorktown Hts - FDR Park)

Katherine Quinn, 914-962-6402, info@supportconnection.org

Volunteers are invited to participate in the 15th Annual Support-A-Walk 3-mile walkathon to increase awareness of breast and ovarian cancer. Come as a walker or sign up for one of the many opportunities for volunteers to help both before and on the day of the Walk. Volunteer for early set up, late clean up, refreshment booths.

Age Min: 15



Continued...

One-Day Volunteer Events Throughout The Year, *Continued*

November and December

FAMILY RESOURCE CENTER

Distribute food for Thanksgiving (Peekskill)

Elizabeth McCorvey, 914-739-0411, emc345@yahoo.com

Volunteers needed to help distribute food for Thanksgiving. **Age Min:** 14

FSW - FAMILY SERVICES OF WESTCHESTER

Thanksgiving Volunteers (Ossining)

Donna Bucci, 914-941-9415, dbucci@fsw.org

Visit, share, and bring joy to seniors at this enriched housing facility on Thanksgiving day. Volunteers distribute meals and share in conversation. **Age Min:** 16, **Age Min with Adult:** 6

THE LEUKEMIA & LYMPHOMA SOCIETY

Light the Night (White Plains)

Katie Hobday, 914-949-0488, katie.hobday@lls.org

Each year, in communities all across the US teams of families, friends, and co-workers come together to raise funds for The Leukemia & Lymphoma Society and bring help and hope to people battling blood cancers. Volunteers needed to assist with the Westchester "Light the Night" fundraiser. **Age Min:** 13

THE SALVATION ARMY OF WHITE PLAINS

Bell Ringers (White Plains)

Captain Antonio Rosamilia, 914-949-2908,

Antonio.Rosamilia@use.salvationarmy.org

This agency whose mission is to alleviate human suffering needs volunteers to ring a bell in front of stores with a Kettle and a Salvation Army sign to help raise funds for those in need. **Age Min:** 14 **Age Min with Adult:** 14

WESTCHESTER COUNTY DEPARTMENT OF PARKS, RECREATION AND CONSERVATION

Save A Tree - Training and Vine Cutting (Westchester)

914-813-5425, www.vinecutter.com

Vines are strangling the trees in Westchester. Groups and individuals are welcome to join an organized effort to remove vines from parks along the Bronx River Parkway. **Age Min:** None

December

FAMILY RESOURCE CENTER

Holiday Volunteers- Distribute Food, Toys and Meals (Peekskill)

Elizabeth McCorvey, 914-739-0411,

Volunteers needed to help us distribute Christmas toys, food, and meals to needy families. **Age Min:** 14

OPEN DOOR FAMILY MEDICAL CENTERS

Holiday Gift Wrapping Volunteers (Sleepy Hollow)

Alicia Ward, 914-502-1468, award@ood.org

Help make the holidays magic for the young patients of Open Door.

Come to one or more of our holiday gift wrapping events. **Age Min:** 14

SOUND SHORE MEDICAL CENTER

Gift Wrapper (New Rochelle)

Josephine Catalano, 914-365-4987, josephinecatalano@ssmc.org

Assist with wrapping donated toys over the holidays. **Age Min:** 15

THE SALVATION ARMY OF WHITE PLAINS

Assemble and Distribute Food Baskets & Toys (White Plains)

Captain Antonio Rosamilia, 914-949-2908,

antonio.rosamilia@use.salvationarmy.org

Fill boxes with Christmas supplies and toys and then give out these boxes of Christmas supplies and toys to the poor and homeless.

Age Min: 15



My name is Alexandra C. Blaiotta. I am a High School Senior and I started a small jewelry line in 2005 named "CHUNKYS". My friends wanted to purchase my creations, but I felt weird taking their money so I decided to donate every dollar of every sale to charity.

I picked the Susan G. Komen organization because my maternal grandmother passed away from Breast Cancer. Therefore, I wanted to do something in her honor, as well as contribute towards finding a cure. I also donate everything that sells at my dance studio, NewDance in Rye Brook, NY, to Jacob's Cure in order to find a cure for Canavan Disease for Jacob as well as other children with the disease. I sell my jewelry through a yearly open house during the holidays, a yearly artist show at the Westchester Country Club and at various boutiques in our area. So far, I've been able to contribute \$28,958.

Listing of On-Going Youth Volunteer Opportunities in Westchester and Putnam Counties

AFYA FOUNDATION OF AMERICA: SUPPLIES FOR LIFE

Sarah Schuyler, 914-338-7034, sarah.schuyler@afyafoundation.org

Medical Inventory and Sorting Specialist (Yonkers): Help sort donated medical supplies which will be sent to Haiti and Africa to help doctors and nurses do their jobs more effectively.

Age Min: 13, **Age Min with Adult:** 8

Procurement Specialist (Yonkers): Work hard lifting heavy equipment and boxes and get a good workout. Must be able to lift 50 lbs or more.

Age Min: 16

AIDS RELATED COMMUNITY SERVICES

Jay Dewey, 914-785-88326, jdewey@arcs.org

Mosaic Drop-In Center Clerical Assistant (Mt. Vernon): Help at the "Mosaic Drop-In Center" for HIV prevention with filing, phone calling, compiling intake packets, and coordinating client case records for a center supporting recovering drug addicts and their families.

Age Min: 15

Special Events Assistant (Mt. Vernon): Clerical assistants and "creative types" needed to help with special events. Also need volunteers to staff information tables at community events, fundraisers, and conferences. **Age Min:** 15

AMERICAN RED CROSS - WESTCHESTER

Carissa Duro, 914-946-6500 Ext. 453, duroc@usa.redcross.org

Blood Drive Caller or Volunteer (White Plains): Assist large disaster relief agency by calling previous blood donors and letting them know when and where upcoming blood drives are happening. Volunteers also needed to welcome blood donors, sign them in, and help run the canteen. **Age Min:** 12

Community Educator (White Plains): Become a trained community disaster educator! 2 hour orientation and training in community disaster education programs presenter. **Age Min:** 16

Computer Data Entry (White Plains): Assist with management and input of databases for volunteer records, financial contributions and disaster relief client assistance records. **Age Min:** 15

Creative Writer (White Plains): Inform the community about the Red Cross' vital programs, special events and services. Also write stories for the youth newsletter, financial donor newsletter, local newspapers and website. **Age Min:** 12

Health and Safety Assistant (White Plains): Assist with registration in life saving courses. Computer data entry, heavy phone work and other clerical duties needed. **Age Min:** 14

Measles Initiative Volunteer (White Plains): Design and implement creative ways to spread the message and give Measles Initiative (\$1= 1 vaccination) presentations to community members. **Age Min:** 12

Philanthropic Volunteer (White Plains): Work in the community with our fundraising team to raise funds for disaster relief and health and safety initiatives in Westchester County. 2 hour orientation course and training in fundraising skills. **Age Min:** 13 **Age Min with Adult:** 10

Photographer (White Plains): Be a photographer of special events, programs and services provided by this organization. General 2 hour orientation **Age Min:** 16

Receptionist (White Plains): Greet incoming guests, answer the main switchboard, and handle light clerical work at front desk. **Age Min:** 12

Scrubby Bear Instructor (White Plains): Teach pre-school and elementary school children how to wash their hands and stay healthy. **Age Min:** 16

Special Events Volunteer (White Plains): Volunteers are needed for: Holiday Mail for Heroes, MLK Day of Service, Valentines for Veterans, A Recipe for Disaster Relief **Age Min:** 12

Youth Rep at Community Events/Health Fairs (White Plains): Give out preparedness information and talk to potential volunteers at community events, health fairs and school fairs. **Age Min:** 12

AMERICAN RED CROSS IN GREATER NEW YORK - PUTNAM

Teri Walker, 845-938-4100,

Blood Drive Volunteers (West Point): Assist with blood drives by calling donors, registering them, or attending to their needs at the canteen. **Age Min:** 14

Red Cross Club (West Point): Start a club in your school and raise funds for local disasters such as floods, fires, and ice storms or international causes. **Age Min:** 14

ANDRUS CHILDREN'S CENTER

Genna Federico, 914-965-3700 ext. 1200, gfederico@jdam.org

Afterschool Homework Help (Yonkers): Assist a student with homework, skill development, read a book or play a table game. **Age Min:** 14

Early Childhood Development Center (Tuckahoe): Volunteers assist the teachers in the classroom setting and provide one-on-one support to children. **Age Min:** 14

Eastchester After School Youth Program (EASY) (Eastchester): Assist in mentoring and homework guidance to children in the Eastchester school district from K through fifth grade. Located in the Anne Hutchinson School, **Age Min:** 14

Explore the Arts (Yonkers): Share your love of the arts by participating in arts, crafts, drama, dance or musical program. **Age Min:** 14

Intramural Sports (Yonkers): Bring your love and expertise in a sport to an intramural sporting program for the children. **Age Min:** 14

Weekend Visitors (Yonkers): Spend an hour on a weekend, once or twice a month, sharing your interest with a child from our residential program who does not receive weekend visits from family. **Age Min:** 14

ANDRUS ON HUDSON

Sandra Sindaco, 914-478-3700, ssindaco@andrushudson.org

Game Facilitator (Hastings on Hudson): Volunteers are needed to be game facilitators. This will include reading questions and writing answers on the blackboard for word games and crossword puzzles. **Age Min:** 15, **Age Min with Adult:** None

Gift Shop Volunteer (Hastings on Hudson): Volunteer needed for assisting in gift shop, mostly selling candy, working with the cash register, etc. **Age Min:** 15, **Age Min with Adult:** None

Outdoor Friendly Visitor (Hastings on Hudson): Volunteers are needed to assist residents with outdoor visit and walks on beautiful 23 acre property. **Age Min:** 16

ARDSLEY PUBLIC LIBRARY

Angela Groth, 914-693-6636, agroth@wlsmail.org

Alphabetizing and Reshelving (Ardsley): Responsible for putting labels on books, alphabetizing the shelves, reshelving books, and working the front desk. **Age Min:** 14

ATRIA-ASSISTED LIVING

Ryan Lenehan, 914-923-4400, ryan.lenehan@atriaseniorliving.com

Senior Activity Volunteer (Briarcliff Manor): Participate in activities with seniors, including games, arts and crafts, music, walking, and baking. **Age Min:** 12, **Age Min with Adult:** 6

Volunteers young and old give Andrus Children's Center an annual spruce up for "A Clean Scene" day in May. For information call 914-965-3700 x1200

BECZAK ENVIRONMENTAL EDUCATION CENTER

Jason Muller, 914-377-1900 x16, jmuller@beczak.org

Aquaria Assistant (Yonkers): Volunteers are needed to clean cabinets, exterior of the aquaria, and algae from the inside glass of the tanks. Also capture small animals in the tidal marsh to feed the aquarium animals. **Age Min:** 16

Docent (Yonkers): Guide visitors to explore the indoor exhibits and outdoor park on the Hudson. Opportunities to create activities in conjunction with the Education Department. 2 hour training session. **Age Min:** 16, **Age Min with Adult:** 14

Educator's Assistant (Yonkers): Assist educators during weekend family programs and after-school programs. **Age Min:** 16, **Age Min with Adult:** 14

Event Program Assistant (Yonkers): Assist with various tasks at special events, evening lectures and concerts that educate the public and provide opportunities for adults and families to visit the center. **Age Min:** 16, **Age Min with Adult:** 12

Festival docent (Yonkers): Outreach volunteers needed to provide information about the Hudson River and the center at offsite fairs and festivals from May through September. 1 hour festival outreach training provided. **Age Min:** 16

Gardener (Yonkers): Plant native plants, weed non-native and invasive species from beds, prune shrubs and work on projects as needed to make the park more inviting to the public. **Age Min:** 16, **Age Min with Adult:** 12

Marsh Park Steward Assistant (Yonkers): Maintain fences, saw and haul drift wood, dispose of trash, and dig out soil from fresh water zone. Training will be provided. **Age Min:** 16, **Age Min with Adult:** 12



Website Manager (Yonkers): Volunteers needed who can regularly update our website with pictures from events and programs, stories, event calendars, and pdf versions of our publications. Knowledge of Dreamweaver required. **Age Min:** 16

BETHEL NURSING, REHAB, AND RETIREMENT HOMES

Jean Kulesa, 914-739-6700, jean.kulesa@bethelwell.org

Arts and Crafts Volunteer (Croton On Hudson): Participate in arts and crafts activities with our patrons. **Age Min:** 16

Field Trips and Outings (Croton On Hudson): Accompany our patrons on various field trips and outings. **Age Min:** 16

Gift shop volunteer (Croton On Hudson): Volunteer in gift shop, greet customers and help them find the items they need. Responsible for logging in purchases. **Age Min:** 16

Recreation Assistants (Croton On Hudson): Help and participate in various recreational activities, i.e bingo, board games, etc. Feel free to contribute your own recreational activities. **Age Min:** 16

Wheelchair Transport (Croton On Hudson): Transport wheelchair-bound patrons to and from events, and around our facility. **Age Min:** 16

BIG BROTHERS/ BIG SISTERS MENTORING PROGRAM OF FSW

Gerry Goldberg, 914-937-2320, ggoldberg@fsw.org

Big Brothers Big Sisters Intern (Port Chester): Intern works with the BBBS staff in planning and implementing activities including recruitment drives, special events (holiday parties) and office tasks (filing, answer telephone). **Age Min:** High School juniors and seniors only

Latino Mentoring Program HS Volunteer (Port Chester): Mentor immigrant youth in Park Avenue Elementary School. Students are matched with children and work in a group setting on homework assistance, language skills and activities such as arts and crafts, games and story telling. **Age Min:** Port Chester High School students only

BLYTHEDALE CHILDREN'S HOSPITAL

Ann Woodcock, 914-592-7138 Ex. 428, AnnW@blythedale.org

Activity Boxes and Welcome Baskets (Valhalla): Help make coming to the hospital a better experience for kids by creating welcome baskets for new patients and activity boxes for children in the outpatient waiting area. **Age Min:** None

Group Volunteer Activities (Valhalla): We welcome business and community groups who would like to plan a party or activity. Our children, who range in age from birth to 19 years, have a variety of physical disabilities. Groups can set up a day and time that works mutually for them and our children. **Age Min:** 16

Office Assistance (Valhalla): Volunteers help make our offices run more smoothly. Help with various clerical tasks. Computer skills a plus. **Age Min:** 16

School Volunteers (Valhalla): Assist special education teachers in pre-K through 12th grade at the School within the Hospital. **Age Min:** 16

BOY SCOUTS OF AMERICA, WESTCHESTER-PUTNAM

Roger Stewart, 914-773-1135, rstewart@wpcbsa.org

Troop Member (Hawthorne): Volunteering with Boy Scouts helps build values and skills - become a troop member. **Age Min:** 11

BOYS & GIRLS CLUB OF NEW ROCHELLE

Anthony Johnson, 914-235-3736, ajohnson@bgcnr.org

Counselor in Training (New Rochelle): Volunteers assist staff or older volunteers in the homework help room, computer learning lab, arts and crafts programs, library and other recreational activities. **Age Min:** 14

BRIDGES TO COMMUNITY

Rusty Pederson, 914-923-2200, rusty@bridgestocommunity.org

International Service Volunteer (Ossining): Join a non profit volunteer service trip to Nicaragua to live and work with local community members on a development project. Cost for a 9 day service project is \$1,175 plus airfare. **Age Min:** 15, **Age Min with Adult:** 14

BRYN MAWR CHILDREN'S LEARNING CENTER

Melissa Csanko, 914-423-5566, bmclcd daycare@hotmail.com

Teacher Assistant (Yonkers): Assist teacher in class with various activities, such as reading with children, aged 2-4 years. During the summer help with recreational activities is also required. **Age Min:** 16

CABRINI IMMIGRANT SERVICES

Marianne McGowan, 914-674-1937, mmcgowan1@aol.com

ESL Tutor (Dobbs Ferry): Work one-on-one teaching, supporting and guiding an adult learning English as a second language. Must be Dobbs Ferry High School student. Training is provided. Interview required. **Age Min:** 16

CARAMOOR CENTER FOR MUSIC AND THE ARTS

Mercedes Santos Miller, 914-232-5035, mercedes@caramoor.org

Usher (Katonah): Ushers are needed for spring and summer concerts to hand out programs and seat concert goers. **Age Min:** 16

CEREBRAL PALSY OF WESTCHESTER

Joan Colangelo, 914-937-3800, joan.colangelo@cpwestchester.org

Children's Services Volunteer (Rye Brook): Help children ages 3 to 21 with disabilities during 9:00am to 2:30pm program hours. Volunteers will read, provide assistance on the computers, help with special holiday activities and play on the playground. Training is provided.

Age Min: 16, **Age Min with Adult:** 14

Special Events Volunteer (Rye Brook): Pass out information about our programs and services, push wheelchairs during the walkathon, or assist in setup and clean up for special events.

Age Min: 16

CLEARWATER

Maija Niemasto, 845-265-8080, volcoord@clearwater.org

Clearwater Hudson River Volunteer Crew (Beacon): Help sail the ship, teach education programs and live aboard the boat for one week. One day of training provided and \$100 food fee required. **Age Min:** 16

COMMUNITY CENTER OF NORTHERN WESTCHESTER

Clare Murray, 914-232-6572, communitycenter@optonline.net

Donations Volunteer (Katonah): The Community Center needs volunteers to receive and sort donations of food and clothing, and to assist in their distribution. **Age Min:** 13

COMMUNITY FOOD PANTRY AT ST. MARY'S

Terry Berardi, 914-528-3972, stmarysmfoodpantry@yahoo.com

Food Pantry Helpers (Mohegan Lake): Volunteers are needed for set up, distribution of food, and clean up at this food pantry. **Age Min:** 15

COMMUNITY SERVICE ASSOCIATES

Jared Apuzzo, 914-668-1428, jaredapuzzo@hotmail.com

Soup Kitchen (Mount Vernon): Individuals and groups can volunteer to assist or also provide and cook the entire meal for breakfast or dinner.

Age Min: 14, **Age Min with Adult:** 9

CORNELL COOPERATIVE EXTENSION - PUTNAM

Dena Altivilla, 845-278-6738, dla25@cornell.edu

4-H Fair Volunteers (Brewster): Help the three day 4-H fair run smoothly. Sell refreshments, run games, help with arts and crafts, do face painting and assist with parking. **Age Min:** 12

4-H Puppeteer Players Troupe (Brewster): Rehearse and perform monthly shows for young children throughout Putnam County. The

players write scripts that teach a positive message to their younger audiences. **Age Min:** 9

4-H Techno Teens Video Production (Brewster): Get involved in video production! Learn to use professional equipment and software and film short educational or promotional videos for community agencies and events. **Age Min:** 12

4-H Teen Action Group (Brewster): Teen group meets monthly and participates in a variety of community service, leadership and career development activities. Open to all Putnam County teens. **Age Min:** 13

Putnam County Youth Forum (Brewster): Putnam High School students can join the planning committee for the Youth Forum, a daylong event which includes workshops on issues such as road rage, dealing with stress and time management, etc. Meetings are bi-weekly and begin in January. **Age Min:** 14

CYSTIC FIBROSIS FOUNDATION

Jonathan Marks, 914-993-1460, westchester@cff.org

Office Assistant (Purchase): Help with mailings and general office work. **Age Min:** 14

Emily Miller 2009 New York Life Youth Leader Award Nominee



Emily Miller, an amazing 10 year old, sold homemade cookies in order to support the people at the Grasslands Homeless Shelter, a program of Volunteers of America.

Her first donation of \$450 paid for a beautiful summer picnic that provided a few hours of joy and normalcy to the shelter residents. Emily kept selling cookies, added a "cookie-

designed" t-shirt and raised an additional \$692 which will be used to purchase a piece of gym equipment and another party for residents. Emily has demonstrated through her generosity and kindness that the homeless are not forgotten. Read about Volunteers of America at www.voa-gny.org

DOBBS FERRY PUBLIC LIBRARY

Jeff Ault, 914-693-6614, dobref@wlsmail.org

Friends Volunteer (Dobbs Ferry): Assist in running library programs for all age levels. Includes set-up & clean up, registration, hospitality, distribute flyers, etc. Also keep books in order on shelves. **Age Min:** 14



Somers High School Stay-Awake-Athon

Somers High School students organized and ran the 2nd Annual Somers HS Stay-Awake-Athon for Social Justice. The themes were on diversity, tolerance and respect. They raised over \$6,000 for two great charities, The Northern Westchester Community Center and Goodforkids.org. Students organized an all night event (9PM to 6AM) that included a diversity dinner, cultural IQ trivia contest, guest presentation from goodforkids.org, student bands, talent performances, student-made DVD's, mini sports tournament of crab soccer and other activities.

DOROT, INC.

Melanie Kane, 212-769-2850, mkane@dorotusa.org

Friendly Visitor (Homes located throughout mid and southern Westchester): Brighten the lives and alleviate the isolation of frail elders by visiting a senior in their home one hour a week for a minimum of one year. You are matched with a compatible senior for conversation, companionship and to share mutual interests.

Age Min: 16, **Age Min with Adult:** 12

Holiday Package Delivery (Hastings On Hudson): For three Jewish holidays deliver a package of food and visit a frail senior for 1 hour.

Age Min: 16, **Age Min with Adult:** 12

DUMONT MASONIC HOME

Jay Virella, 914-632-9600, jvirella@dumontmasonichome.org

Resident Assistants Volunteer (New Rochelle): Interact with residents in a nursing home by reading, transporting, playing games, watching TV,

telling stories, etc. Conduct discussion groups, music programs, go shopping, etc. **Age Min:** 16

EDITH READ SANCTUARY

Michael Gambino, 914-967-8720, mxg3@westchestergov.com

Park Volunteer (Rye): Work is needed almost year round with tasks such as vine cutting, trail maintenance and habitat management for the various wildlife that make this their home.

Age Min: 14, **Age Min with Adult:** 9

EDNA L. ROKER SOCIAL ADULT DAY CENTER

Christina Horsford, 914-761-3885, info@rokeraduldaycenter.com

Activity Assistant (White Plains): Assist with various daily programs (art, music, history, gardening, trivia, current events) at this Alzheimer's adult day care center.

Age Min: 16

Computer Trainer (White Plains): Teach Alzheimer patients and staff how to use the computer (MS Office and email).

Age Min: 16

Marketing Assistant (White Plains): Assist Director of Sales and Marketing with various office administrative tasks: brief phone calls, letter collating, note taking, editing. Great copy editing ability needed.

Age Min: 14

EMELIN THEATRE

Charles Zavelle, 914-698-3045, czavelle@gmail.com

Theater Volunteer/Usher (Mamaroneck): Volunteers are needed to usher people, take tickets, work in the concession stand and for cleanup during and after concerts. **Age Min:** 15

FAMILY RESOURCE CENTER

Elizabeth McCorvey, 914-473-0411, emc345@yahoo.com

Computer Tech Volunteers (Peekskill): Volunteers needed to assist staff with technical support issues and to maintain all agency computer equipment. Help design a web page to provide self-help information to low income individuals. Must be computer literate and maintain confidentiality. **Age Min:** 15

Food Pantry Volunteer (Peekskill): Volunteers are desperately needed to help in our food pantry! Greet visitors, keep sign-in logs, package food and stock the shelves, and help distribute goods to the needy in our community. **Age Min:** 13, **Age Min with Adult:** 5

Spanish Translator (Peekskill): Spanish interpreters needed to help with low-income individuals in Westchester, Dutchess, Putnam, and

Rockland by participating in outreach activities. Knowledge of computers, internet, and Spanish required.

Age Min: 15, **Age Min with Adult:** 11

FIELD LIBRARY

Sybil Cannon, 914-737-1212, scannon@westchesterlibraries.org

Bookstore Volunteer (Peekskill): Staff the bookstore, set up and display the books, and work as cashier. **Age Min:** 16

FRIENDS OF KAREN

Denise Tredwell, 914-617-4052, denisetredwell@friendsofkaren.org

Youth Project Volunteer (Westchester and Putnam): Teens needed for collecting new birthday gifts for teenagers, collecting school supplies, running a tag sale, filling Thanksgiving food baskets, organizing a "Coin Harvest" at school for loose change, collecting \$5 gift cards to Borders, McDonalds, Circuit City, Dunkin' Donuts. These are great projects to do

at school and in the community, and provides assistance to families of children facing life threatening disease.

Age Min: 13

FRIENDS OF WEINBERG NATURE CENTER

Walter D. Terrell, 914-722-1289, Volunteer@weinbergnaturecenter.org

Adopt a Plot (Scarsdale): Adopt a plot of the sanctuary that needs tending and care. **Age Min:** 16

Animal Maintenance (Scarsdale): Provide quality care to our live animals (mammals, reptiles, birds, fish, amphibians, and invertebrates). Clean cages, feed animals, and change water.

Age Min: 14

Groundskeeper (Scarsdale): Help maintain the grounds surrounding the Trailside Museum. Trail maintenance includes clearing trails of debris, weeding and pulling of poison ivy in warmer months and shoveling snow during colder months.

Age Min: 16

Press and Public Relations (Scarsdale): Work with the Marketing Committee to initiate media contacts and promote the Center and its educational goals, programs and events to the general public.

Age Min: 16

Summer Volunteers (Scarsdale): Assist with the Scarsdale Day Camp. Prepare materials for camp programs and help with elective programs offered to older campers. Additional tasks include animal maintenance, groundskeeping, gardening, building maintenance and other duties as assigned. **Age Min:** 16

FSW - FAMILY SERVICES OF WESTCHESTER

Gerry Goldberg, 914-937-2320, ggoldberg@fsw.org

Friendly Companion (Ossining): Be a friendly companion to senior citizens by sharing a meal, enjoying a card game, or leading an activity.

Age Min: 16, **Age Min with Adult:** 13

FSW - THE SHARING SHELF

Gerry Goldberg, 914-937-2320 ext 134, ggoldberg@fsw.org

Clothing Drives (Port Chester): Organize a drive to collect new or gently used clothing for children, ages infant to teen. Drives are needed for NEW pajamas, underwear, socks, and bathing suits.

Age Min: 12

Clothes Sorter (Port Chester): Help sort and package children's clothing at The Sharing Shelf warehouse. Date and time to be arranged with the coordinators.

Age Min: 12

Sara Stein
2010 New York Life Youth
Leader Award Nominee



Sara Stein, a senior at Harrison High School, has for the past six years been collecting winter hats, gloves and mittens from family and friends to be distributed by the Children's Hope Chest to agencies they partner with, including Friends of Karen which receives the first 100 sets every year. The first year she collected 140 sets but this has grown to 900 sets of winter hats and gloves this past year! Sara's compassion and determination provide hundreds of local children with warm hats and gloves every holiday season.

FUN FOR CURE, INC.

Florence Egan, 914-588-5069, flo.egan726@gmail.com

Community Outreach Representative (Scarsdale): Make your next yard or tag sale special! Hand out flyers regarding Fun For Cure, Inc. membership and sign up interested families. No donations - just distribute the flyers we provide. **Age Min:** None

Community Research Team Member (Scarsdale): Research organizations from your home computer that would be interested in allowing use of their facility (tennis or sport facility; an amusement or water park; an art or theater organization, etc.) or materials for a group of children with chronic diseases or disabilities. **Age Min:** 15

Online ad Distributor (Westchester County): We provide children with disabilities and/or chronic diseases the opportunity to pursue their recreational dreams and enjoy quality time with friends and family. Send our ads (or ads you create) and website links to organizations and community members who may benefit from our services. **Age Min:** 15

FURNITURE SHAREHOUSE

Kate Bialo, 914-834-1294, bialok@aol.com

Furniture Donation Drive (Armonk): Furniture Sharehouse collects gently-used furniture for needy Westchester families. Help unload furniture, greet donors, complete donation forms, tag and sort donated furniture and re-load it on to a trailer. **Age Min:** 16

GIRL SCOUTS HEART OF THE HUDSON

Hada Reed, 914-747-3080, hreed@girlscoutshh.org

Beautification and Maintenance (Pleasantville): Keep up the appearance of two Girl Scout camps and seven program centers. Work includes planting flowers, trimming shrubs and general outdoor maintenance. **Age Min:** 16

GREEN CHIMNEYS CHILDREN'S SERVICES

Heather Mock, 845-279-2995, volunteers@greenchimneys.org

Nature's Nursery Public Day Care Program (Brewster): Volunteers are needed for all day care and before- and after-school care for nursery program. **Age Min:** 16

Youth Volunteer Days (Brewster): Several days a year Green Chimneys sponsors a youth volunteer day where volunteers help with clerical work and other tasks as needed. **Age Min:** 16

GREENBURGH LIBRARY

Valerie Griffith, 914-721-8209, vgriffith@greenburghlibrary.org

Newspaper Project (Elmsford): A volunteer is needed to review local newspapers and index articles about the Greenburgh area. **Age Min:** 15

Shelf Readers (Elmsford): A volunteer is needed to help with rearranging library books. **Age Min:** 15

GREENBURGH NATURE CENTER

Penny Berman, 914-723-3470, pberman@greenburghnaturecenter.org

Center support volunteer (Scarsdale): Weekday and weekend student volunteers needed to help educate visitors, care for and show animals to visitors, give nature walks and help with special events on weekends. **Age Min:** 14

GREYSTON FOUNDATION

Lucy Moreno-Cassanova, 914-375-9002, lucym@greyston.org

Gardening (Yonkers): Volunteers needed to do gardening work in any of four dynamic garden sites with great community interest/participation and exciting potential. **Age Min:** 16

GROUNDWORK MID-HUDSON

Emily Eder, 914-375-2151, emily@groundworknv.org

River Restoration Internship (Yonkers): This internship can have both a research component and "on-the-ground" component (or could be two internships). Contact for more information. **Age Min:** 16



French-American School students helped collect and move furniture for the Furniture Sharehouse on Global Youth Service Day. Furniture is given to people moving out of shelters and others in need. For more information about Furniture Sharehouse go to www.furnituresharehouse.org/

Science Barge Volunteers (Yonkers): The Science Barge is a floating urban farm with a hydroponic greenhouse powered by renewable energy and collected rainwater. Seasonally assist with cleaning, prepping for spring, painting, etc. **Age Min:** 16

GUIDING EYES FOR THE BLIND

Vikki Iwanicki, 845-230-6412, volunteer@guidingeyes.org

Newspaper Collection Program (Patterson): Our Canine Development Center in Patterson, NY has an ongoing need for clean, sorted newspapers. Youth collect and sort paper and agree on a routine drop-off time. **Age Min:** None

Puppy Raiser (Lake Carmel): Puppy Raisers open their hearts and homes to 9 week old future guide dogs for their first 14-16 months of life, then return them to Guiding Eyes for the Blind for specialized guide dog training. **Age Min:** Parents must sign off on commitment.

HAMMOND MUSEUM

Lorraine Lakon, 914-669-5033, Gardenprogram@yahoo.com

Event Volunteers (North Salem): Volunteers needed to greet visitors to our exhibit openings, programs and events such as: Blessing of the Animals, Asian Arts Festival, Shakespeare in the Garden, Swing Band, Tea Ceremonies and Moon-viewing. **Age Min:** 16

Garden Volunteers (North Salem): Volunteers needed to work in the museum's Japanese garden. Training is provided.
Age Min: 16, **Age Min with Adult:** 14

Office Volunteers (North Salem): Volunteers with basic computer skills needed to do office work and mailings for a museum that runs music and arts programs linking eastern and western cultures. **Age Min:** 16

HEARTSONG, INC.

Martha Jordan, 914-725-9272, martha.jordan@heartsong.org

Volunteer - work with children (Yonkers and White Plains): Volunteers play a vital role assisting therapist in group Music and/or Art therapy session(s) working with children with various special needs at one of two program sites. **Age Min:** 16

HEBREW HOSPITAL HOME OF WESTCHESTER

Ellen Goodman, 914-681-8437, egoodman@hhhinc.org

General Volunteer (Valhalla): Provide friendly visits; share a talent or skill; take residents outside on the grounds; help to transport residents to activity programs; read to residents; play board games/cards.
Age Min: 14

HOPE COMMUNITY SERVICES

Carole Troum, 914-636-4010, ctroum@hope-cs.org

Soup Kitchen and Food Pantry (New Rochelle): A soup kitchen that serves dinner three days a week needs volunteers for setting up, serving and cleaning after dinner. **Age Min:** 14

HOPE'S DOOR

Kathleen McCoy-Psychoyos, 914-747-0828, kmccoy@hopesdoorny.org

Childcare Worker (Pleasantville): Shelter for victims of domestic violence needs volunteers to supervise children while the mother is in a counseling session. Volunteers can play games, watch movies, general childcare. **Age Min:** 16

HUDSON VALLEY BLOOD SERVICES

Sylveta Bromfield, 914-784-4657, sbromfield@nybloodcenter.org

Blood Drive Volunteers/Operators (Elmsford): Help our local patients and hospitals by hosting a summer blood drive at a favorite location (church, temple, office, school, etc.) and invite your friends, family and co-workers to stop by to donate. **Age Min:** 15

JACOB BURNS FILM CENTER, INC.

Julia Rosen, 914-773-7663, jrosen@burnsfilmcenter.org

Minds in Motion (Pleasantville): Volunteers act as Educational Facilitators and guide 4th graders through the steps of brainstorming, storyboarding, creating cut outs, shooting and recording sound, and directing their own short animated film. Must participate in full 12 week session. **Age Min:** 16

SeeHearFeelFilm (Pleasantville): Assist with visual literacy program for third grade students: "See Hear Feel Film." Help students become active viewers of visual media and lead more examined lives by viewing and discussing short films from around the world and collaborating in small groups to practice the tools filmmakers use to tell stories. **Age Min:** 17

JAZZ FOR PEACE

John Deangelis, 212-947-1104, info@jazzforpeace.org

Assistant to Event Coordinator (New Rochelle): Organization uniting people and helping to break down the barriers of different race, creed, culture and religions through Jazz, needs a volunteer to assist the event coordinator with the logistics of planning events. **Age Min:** 15

Fundraiser (New Rochelle): Solicit donations for the agency's musical donations program and the benefit concert series. **Age Min:** 15

Volunteer Emailers (New Rochelle): Send out emails - templates provided. **Age Min:** 13

Webmaster (New Rochelle): Webmaster needed for small updates to our web-site and other miscellaneous graphic related needs in the short term with the possibility of creating a new web-site in the long term.

Age Min: 14

JEWISH BOARD OF FAMILY AND CHILDREN'S SERVICES - JBFCs
Denise White-Smith, 914-773-7467, dsmith@jbfc.org

Recreational assistant (Hawthorne): Volunteer recreational assistants are needed to work with one or two children playing board games, walking, reading and improving social skills. Also looking for volunteers to teach instrumental or vocal music to children.

Age Min: 16

School Aide (Hawthorne): Work with students in a residential program after and during school as academic remediation tutors, shop assistants, and library assistants.

Age Min: 16

JOHN A. COLEMAN SCHOOL

Kirstin McArthur, 914-597-4021, kirstin.mcarthur@setonpediatric.org

Activity Leaders (White Plains): Special one-time volunteers who would like to entertain this school's children are welcome! Activities can include singing, dancing, exercise, arts & crafts, etc. **Age Min:** 14

Administrative Support (White Plains): Our staff is always in need of help with database entry, filing and other office functions. **Age Min:** 14

Classroom Helper (White Plains): In the classroom our volunteers will help the children as they discover and explore fun new learning experiences such as reading a story, singing a song and painting a work of art. Children's ages range from 18 months to 7years. **Age Min:** 14

JOHN JAY HOMESTEAD STATE HISTORIC SITE

Bethany White-Lee, 914-232-5651 x 101,
bethany.white@oprhp.state.ny.us

Office Assistant (Katonah): Volunteers needed for basic office work and to assist with mailings, updating databases, making phone calls and filing. **Age Min:** 15

JUVENILE DIABETES RESEARCH FOUNDATION

Kathy Fox, 914-686-7700, kfox@jdrf.org

Office Assistants (White Plains): Assist in organizing and preparing for fundraising events and work with Event Coordinators and Management. Also help organize & prepare for large mailings. **Age Min:** 14

Keep Putnam Beautiful



▲ Mahopac High School students join Keep Putnam Beautiful (KPB).

▲ Archie helps his mother keep streets clean with another KPB Project.

KEEP PUTNAM BEAUTIFUL

Walt Thompson, 845-278-6130, walt.thompson@putnamcountyny.com

Litter Cleanup (Putnam County): Help to beautify Putnam County by Taking-a-Bag-for-a-Walk, planting flowers at your home's road frontage and other areas. **Age Min:** 16, **Age Min with Adult:** None

LEAGUE OF WOMEN VOTERS OF NEW ROCHELLE

Ina Aronow, 914-636-6271, iaronow@aol.com

Membership, Active or Passive (New Rochelle): Promote informed citizen participation in government. Members can study issues, lobby on issues we support after member study and consensus, provide nonpartisan information for voters, or simply receive information. **Age Min:** 16

LITTLE VILLAGE PLAYHOUSE

Adam Cohen, 914-747-6206, adam@littlevillageplayhouse.com

Crew and Production Volunteers (Pleasantville): Volunteers are needed to do crew work and production work for a youth theater program. Help in the set-up and take down of sets, and the working of the lighting equipment etc. **Age Min:** 16

Office Mailings/ Publicity Volunteer (Pleasantville): Volunteers are needed to process office mailings and solicit ads for the programs given out during productions. **Age Min:** 16

LORD'S PANTRY, INC.

Joan McGovern, 914-576-5883, tlp177@optonline.net

Deliver Hot Meals (New Rochelle): A few good volunteers are needed to deliver hot meals to families living with HIV/AIDS. Volunteer drivers will meet at Iona College in New Rochelle to pick up the meals before going on their daily routes. **Age Min:** 16

Volunteer Drivers (White Plains): Volunteers are needed to deliver meals to various locations in Westchester to help feed those in need. Valid license and written parent consent needed.

Age Min: 16, **Age Min with Adult:** None

Volunteer Packers and Sorters (White Plains): Volunteers are needed to help pack and sort meals that will be delivered to families in need.

Age Min: 12

MAHOPAC SENIOR CENTER

Mary Kelpack, 845-628-0411

Activity Helper (Mahopac): Help with games such as Bingo or with craft activities in the afternoon. **Age Min:** 13

Lunch server (Mahopac): Looking for friendly, enthusiastic volunteers to help serve food to senior citizens. **Age Min:** 13

MAKE-A-WISH FOUNDATION OF THE HUDSON VALLEY

Abe Almanza, 914-478-9474, aalmanza@hudson.wish.org

Kids for Wish Kids (Tarrytown): Increase awareness of Make-A-Wish and its mission to grant wishes to children with life-threatening medical conditions. Run fundraising activities - anything from a bake sale or penny war, to a dance marathon, or student/teacher basketball game. **Age Min:** None

MANITOGA/THE RUSSEL WRIGHT DESIGN CENTER

Kathy Kuryla, 845-424-3812, volunteer@russelwrightcenter.org

Landscape Volunteer Day (Garrison): Join in Manitoaga's Volunteer Landscape Days and preserve Russel Wright's landscape vision. Seasonal project days throughout the year & September Family Day. **Age Min:** 15

MEALS ON WHEELS-BRONXVILLE

Bob Grimaldi, 914-787-3027, rgrimaldi@aol.com

Drivers and Runners (Bronxville): Deliver noon-day meals to homebound seniors in the Bronxville area or be a runner who brings the meals to seniors at each stop. Each run is about 1 1/2 hours. Summer student help is welcome! **Age Min:** Drivers 16, Runners 14

MEALS ON WHEELS-NEW ROCHELLE

Patricia Showers, 914-576-3865

Drivers (New Rochelle): Deliver noon day meals to homebound seniors in the New Rochelle area. **Age Min:** 16

MEALS ON WHEELS-WHITE PLAINS

Susanna Sussman, 914-946-6878, mowwp@yahoo.com

Meal Deliverer (White Plains): Pairs of volunteers needed to deliver meals to White Plains residents who are unable to shop or prepare meals for themselves. **Age Min:** 16, **Age Min with Adult:** 12

MHA OF WESTCHESTER

Sharon Caplan, 914-949-1212, caplans@mhawestchester.org

Computer Tutor/Trainer- Sterling Club (White Plains): Give one-on-one computer instruction or teach small groups (no more than five in a group) in the area of basic PC usage. Familiarity with Microsoft Office is necessary. **Age Min:** 17

Cozy Kitchen Volunteer- Sterling Club (White Plains): Assist in the kitchen at lunchtime. This professional kitchen is a consumer run facility where they gain valuable work and social skills. Volunteers help model appropriate behavior and assist consumers with cooking instruction. **Age Min:** 17

MIDNIGHT RUN

Dale Williams, 914-693-7817, dwmidnt@aol.com

Run Volunteers (Westchester): Volunteers distribute blankets, clothing, food, and toiletries to the homeless poor. Group project only. **Age Min:** 18, **Age Min with Adult:** 12

MT. VERNON PUBLIC LIBRARY

Shirley Garrett, 914-668-1840, sgarrett@wlsmail.org

Cybercorner Volunteer (Mount Vernon): A volunteer is needed to manage the computer lounge (cybercorner) of the library. Assist patrons with sign in and troubleshooting in the event of a computer problem. Basic computer skills required. **Age Min:** 16

Library Aide (Mount Vernon): Assist in mending of library materials (i.e. repairing torn damaged books, putting on labels and book covers, etc.) **Age Min:** 16

MY SECOND HOME OF FSW

Joni Ehrlich, 914-241-0770, jehrich@fsw.org

Adopt a Grandparent (Mount Kisco): Make a difference in a senior's

life. Activities can include an occasional visit; write a letter; call once a week; share a meal; watch a video together; make a special birthday celebration; or, create your own experience.

Age Min: 13, **Age Min with Adult:** 12

Entertainer (Mount Kisco): Showcase your special talents by presenting a 45 minute-hour long show to seniors in an intergenerational community. **Age Min:** 16, **Age Min with Adult:** 6

Friendly Companion (Mount Kisco): Lend your time to a senior. Our seniors need friendly and patient people to socialize with and share a smile. **Age Min:** 16, **Age Min with Adult:** 6

Guest Lecturer (Mount Kisco): Presenters sought to stimulate alert senior citizens into thought and discussion of presenter's topic. Presenter needs to be at least lively, if not animated, and feel comfortable speaking to a group of 20 seniors. **Age Min:** 16

Intergenerational Activity Helper (Mount Kisco): Looking for responsible individuals to escort seniors to see the children or to assist with encouraging interaction during group programs. Candidates should be sensitive to senior issues, enjoy children, and be able to foster interaction between the two. **Age Min:** 16

NEIGHBORS LINK

Shirley Buontempo, 914-666-3410 x16, sbuontempo@neighborslink.org

Children's Evening Program (Mount Kisco): Assist staff providing childcare to the children of parents participating in evening education programs. **Age Min:** 15

Computer Class (Mount Kisco): Assist volunteer teacher conducting computer classes for adults. **Age Min:** 15

ESL Tutoring (Mount Kisco): Tutor students in English language and assist Westchester Community College instructors and/or volunteers. Curriculum and training provided. **Age Min:** 15

Learning Links Volunteer (Mount Kisco): Assist teachers at after-school program in Mt. Kisco Elementary School. Provide homework assistance, tutoring and activities for students. **Age Min:** 15

Administrative Intern (Mount Kisco): Volunteers needed to provide administrative support and office help to staff. **Age Min:** 15

NEW YORK PRESBYTERIAN HOSPITAL WESTCHESTER DIVISION
Laurel Torres, 914-997-5780, lat9002@nyp.org

Gift Shop volunteer (White Plains): Volunteers needed to help staff the hospital gift shop. Duties include stocking, cashier, help customers, etc. **Age Min:** 16

NEW YORK STATE VETERANS HOME

Maureen Mosley, 914-788-6059, mmosley@nTSvets.org

Junior Volunteers (Montrose): A veterans care facility needs volunteers to provide companionship for its residents. Read a book, write letters, transport residents to and from therapy and activities. Assist with activity events. **Age Min:** 16



What Chris Taught Me

Written by Aaron Prusak

What started off as my mandatory high school community service grew into a bond with my "buddy" that will never be broken. Sometimes I think that he should get community service credit for all he has done for me. I am his only friend outside of school, but he is my best friend in the purest sense. I think back to how our lives have found common ground: We share a love for sports, but the similarities end there. My buddy is a seven year old boy diagnosed with Down Syndrome.

Chris has taught me simplicity in life and pure values. He has taught me to have patience and that not everything comes at once. I have had to learn how to listen carefully to his rambling sentences in order to extract the meaning of his communication. I have learned to wait and persevere to achieve my goals. My experience has shown me that the simple things do not come easily for everyone, and I have to be patient and work hard at the more complicated things in order to succeed. My little four foot, seven year old buddy has made me both grateful and humble.

(left) Aaron Prusak, from Blind Brook High School, gives his "little", Christopher, a ride.

OPEN DOOR FAMILY MEDICAL CENTERS

Alicia Ward, 914-502-1468, award@ood.org

Reach Out and Read - Volunteer reader (Sleepy Hollow): Become a volunteer reader to help Open Door's young patients get a jump start on literacy. **Age Min:** 14

OSSINING FOOD PANTRY

Irene Koglemann, 914-762-5510

Grocery Pick-Up (Ossining): Volunteers pick up boxes of purchased foods from a local supermarket in their (hopefully large) vehicles and deliver them to local church Wednesday evenings, from 6:30 to 7:30 pm. **Age Min:** 14, **Age Min with Adult:** 12

PELHAM ART CENTER

Lisa Robb, 914-738-2525, info@pelhamartcenter.org

Art Teacher's Assistant (Pelham): Volunteers needed to assist teachers with youth art classes. Classes meet weekly after school and on weekends. 8-15 week commitment. **Age Min:** 14

Special Events Volunteer (Pelham): Volunteer at special event fund raisers (including dinners) for the Pelham Arts Center. **Age Min:** 14

Volunteer at public programs (Pelham): A non-profit community based arts organization needs volunteers to assist during gallery exhibition openings, evening lectures and weekend art workshops. **Age Min:** 15



The Pearlettes and Amicettes

These young ladies in Peekskill are mentored by ladies of Zeta Phi Beta Sorority to help them grow culturally, socially, and educationally. They do various volunteer projects according to their interests and the needs of the community. Pictured are some of the ladies who collected coats for the needy.

PLANNED PARENTHOOD HUDSON PECONIC

Ellen Blonstein, 914-220-1025, ellen.blonstein@pphp.org

Administrative Assistant (White Plains): Assist with filing, lab reports, pulling patient charts, archiving information. **Age Min:** 16

Database (White Plains): Database help needed for an agency with a mission to ensure access to affordable and confidential reproductive health care services. **Age Min:** 16

PORT CHESTER CARVER CENTER

Clara Suarez, 914-939-2019 ext. 164, csuarez@carvercenter.org

After-School Program Volunteer (Port Chester): Volunteers are needed to help 6-12 year old elementary students with their homework assignments or other activities from 3:15 to 4:30 PM. Plan and prepare snacks. Plan a family event. **Age Min:** 16

PORT CHESTER HEAD START

Madeline Pilpel, 914-937-5863, mpilpel@westcop.org

Teacher Aide (Port Chester): Volunteers needed to assist the teachers in the classroom's day to day activities. High school students can come once a week for community service credit. **Age Min:** 15

PORT CHESTER NURSING & REHABILITATION CENTRE

Lillian Teska, 914-937-1200, pcnrcactivities@aol.com

Recreational Volunteer (Port Chester): Assist our recreational department with its activity programs including 1-1 social visits; reading; writing letters; weekly coffee cart/ice cream cart; assisting residents during bingo/cards and arts & crafts; helping transport residents in activity programs. **Age Min:** 15

PREGNANCY CARE CENTER

Michelle Morra, 914-235-9535, info@pregnancycarecenter.net

Bulk Mailing Team Member (New Rochelle): We are in need of individuals to make up a bulk mailing team. These bulk mailing teams meet approximately six times a year at our center. **Age Min:** 15

Childcare Support (New Rochelle): Work in a residential program serving mothers and pregnant women. Baby sitting is needed while moms are in school or at work. **Age Min:** 16

PUBLIC-PRIVATE ALLIANCE FOUNDATION

Jeanne Betsock Stillman, 914-478-3450, ppafoundation@gmail.com

Web Designer/ New Media Volunteer (Hastings on Hudson): CSS/ Web Design volunteer needed to aid with website - Integrate blog



Molly Braverman
Peter Pan Fund

Molly, a theater major, has been an advocate for the Peter Pan Children's Fund Hall (PPCF) since the age of 14. She was one of the first "Second Star to the Right" award winners in the Peter Pan Children's Fund Hall of Fame. "PPCF first got me

actively involved in philanthropy at a young age and I have continued down that path. I love what PPCF stands for and what it can do for children who are exposed to philanthropy at an early age" Molly states. "I have loved being involved with PPCF my whole life."

updates onto the website - Provide graphic design recommendations - Update the site to a Content Management System that can be integrated with current content and updated.

Age Min: 15

PUTNAM ASSOCIATED RESOURCE CENTERS (PARC)

Rand Otten, 845-278-7272, rand_otten@putnamarc.org

Meditation Garden Volunteer (Brewster): Volunteers needed in April and October to rake, clean and get the garden ready for use.

Age Min: 15

PUTNAM CHILDREN'S DISCOVERY CENTER

Kelli Sposato, 845-621-1260, volunteer@discoveryctr.org

(Almost) Summer Camp Program (Carmel): Volunteers help instructors with art projects, science experiments and working with the children to prepare an end of the week show for the parents. Tasks for the show include working with the youth to develop a script, building props and helping on Friday to run the show.

Age Min: 14

Birthday Party Assistant (Carmel): Help host birthday parties for children. Duties include greeting party guests, helping children with a birthday theme project or science experiment, serving food and clean up.

Age Min: 14

Night Class Assistant (Carmel): Volunteers needed to assist instructor with science themed classes. Duties include passing out supplies, assisting with science experiments, helping students follow instructions and clean up.

Age Min: 13

PUTNAM COMMUNITY ACTION PROGRAM

Mary Bodor, 845-278-8021, pcapjc@bestweb.net

Food Pantry Aide (Brewster): Volunteers needed to stock shelves and sort and pack groceries for families in need.

Age Min: 16, **Age Min with Adult:** 14

PUTNAM HOSPITAL CENTER

Michelle Piazza, 845-279-5711, mpiazza@health-quest.org

Thrift Shop Volunteer (Carmel): Looking for an individual who enjoys retail work to sort and price merchandise at thrift shop that benefits local hospital. Good customer service required.

Age Min: 14

PUTNAM RECREATION PROGRAM FOR THE HANDICAPPED

Jim Sullivan, 845-621-5594, prph953@gmail.com

Recreational Aides (Mahopac): A center serving individuals with disabilities is seeking a volunteer to assist with recreation activities.

Age Min: 15

RICHMOND COMMUNITY SERVICES

Elyse Allbee, 914-968-1900, eallbee@richmondcommserv.org

Administrative Volunteer (Yonkers): A developmental facility for disabled is seeking a volunteer to assist one of the clinical or operational areas (such as accounting, human resources and foundation) to perform light clerical duties.

Age Min: 14

Clerical Volunteer (Yonkers): Looking for people who have basic computer skills to assist our staff by providing clerical support including filing, copying, data, some word processing, internet research.

Age Min: 15

Companionship/Reading (Yonkers): Read to children and adults with developmental disabilities in both residential and day program settings.

Age Min: 15

Feeding Assistant (Yonkers): There is a great need to have people come in to help feed our clients in the late afternoons and weekends.

Age Min: 16

Recreational Volunteer (Yonkers): Assist the recreation coordinator in providing activities, such as cooking, bowling, and exercise to the individuals served and also participate in holiday parties, special recreational events and trips.

Age Min: 14

You and Me Program (Yonkers): Be a companion for an adult or child with developmental disabilities. Visit in their group home or go on group activities.

Age Min: 14



**Rye Country Day School
 Community Action Organization
 2009 New York Life Youth Leader Award Nominee**

Rye Country Day School has been an active partner with WestHELP's Greenburgh family shelter for over ten years. The K-12 students have supported the families of WestHELP Greenburgh through an annual "Can Do" food drive which stocks the pantry throughout the year. Every year during the holidays, a toy drive is held and each child at the shelter receives a gift. The gifts are sorted, wrapped, and tagged by students during their lunch period. Rye Country Day students also volunteer in WestHELP's day care center throughout the school year and help at special events.

RYE NATURE CENTER

Michael Penziner, 914-967-5150, mlpenziner@aol.com

Animal helper (Rye): Feed, handle, and keep cages clean of the small animals in our menagerie such as ferrets, turtles, rabbits, doves, guinea pigs, etc. **Age Min:** 15

Group Volunteer Opportunity (Rye): Groups are needed seasonally for general upkeep of the Center and special projects. Past projects have included destroying invasive species and building benches. **Age Min:** 15

SAINT JOSEPH'S MEDICAL CENTER

Arlene Penn, 914-378-7000, arlene.penn@saintjosephs.org

Clerical Assistant Volunteer (Yonkers): Assist with office work available in various departments. Duties include filing, shredding, answering telephones, and/ or doing computer work, etc. **Age Min:** 14

Medical Records Clerk (Yonkers): Our office would benefit greatly if a volunteer would help by filing medical records numerically. **Age Min:** 14

Unit Base Volunteer (Yonkers): Assist staff on hospital units with filling patient's water pitchers, bringing book mobile to patients, transporting patients, attending to special requests of patients, office duties, telephones, etc. **Age Min:** 14

Patient Visitor (Yonkers): Volunteers are needed to sit with patients, comfort them during their time in the hospital or residence in the nursing home, and read to the children and elderly patients. **Age Min:** 14

SARAH NEUMAN CENTER FOR HEALTHCARE AND REHABILITATION

Amy Lionheart, 914-864-5140, ALionheart@jhha.org

Adult Day Care Volunteer (Mamaroneck): Volunteers needed to transport wheelchair bound residents to and from appointments in the facility. Also help at special events, physical therapy appointments and recreational activities. **Age Min:** 14

Friendly Visitor (Mamaroneck): Volunteer at our senior healthcare facility and become a friend to one or more senior residents. Spend time talking, walking, and/or reading with a senior. **Age Min:** 13, **Age Min with Adult:** None

Gift Shop Volunteer (Mamaroneck): Our Senior Rehabilitation Center needs volunteers in our gift shop. Volunteers will help residents and their visitors to select gifts, cards and other items. **Age Min:** 16

Hospitality Cart Volunteer (Mamaroneck): Help senior residents of our healthcare facility shop at our gift and candy cart. Volunteering at the cart is also a good way to encourage residents in conversation and combat isolation. **Age Min:** 13, **Age Min with Adult:** None

Library and Books Volunteer (Mamaroneck): Help residents select books and enjoy the world of reading through books on tape. Library volunteers may also bring books, magazines and tapes on the library cart directly to residents' rooms. **Age Min:** 13, **Age Min with Adult:** None

Nintendo Wii Volunteer (Mamaroneck): Volunteers are needed to play Nintendo Wii with residents and clients within the nursing home. Volunteers also help to transport residents pushing wheelchairs to and from recreational activities. **Age Min:** 13, **Age Min with Adult:** None

Office Assistance Volunteer (Mamaroneck): Help out in the offices of a large senior care and rehab facility with filing, phone calls, data entry, creating flyers, and a newsletter. **Age Min:** 14

Pet Visiting Volunteer (Mamaroneck): Residents enjoy visiting and playing with a pet, often reminiscing about having a pet of their own. On the first interview please bring only the photographs of your pet. For the application we require a letter from your veterinarian stating that your animal is gentle, well behaved and would make a good pet visitor with the elderly. **Age Min:** 13, **Age Min with Adult:** None

Pharmacy Department Volunteer (Mamaroneck): Volunteer in our Pharmacy Department and learn all about how a pharmacy operates. Communicate with doctors, nurses, residents, patients and staff while gaining real-world experience. **Age Min:** 15

Piano & Music Volunteer (Mamaroneck): We have several grand pianos and need musical volunteers to play classical music for our residents to enjoy. **Age Min:** 13, **Age Min with Adult:** None

Scrabble & Game Volunteer (Mamaroneck): Come play a game of scrabble with a resident who enjoys the game as much as you do! Other games such as chess, checkers and bridge are also popular. Host a weekly game between residents or play a game one on one. **Age Min:** 13, **Age Min with Adult:** None

Shabbat Volunteer (Mamaroneck): Join us to make our Friday services very special. Shabbat volunteers help escort senior residents to and from their floors and hold books during service. Families are welcome to volunteer. **Age Min:** 13, **Age Min with Adult:** None

Special Care Community Volunteer (Mamaroneck): We are looking for volunteers to help in our Special Care Unit for residents with Alzheimer's Disease or other forms of dementia. Work in the afternoon with the tea program; noon with the Lets Do Lunch program; evening with the movies and serving snacks. **Age Min:** 13, **Age Min with Adult:** None

Tea Time Volunteer (Mamaroneck): Help short term patients at our healthcare facility by serving tea, coffee and cookies from 3PM- 4:15PM daily. **Age Min:** 13 **Age Min with Adult:** None

SONGCATCHERS INC. (REACHING FOR PEACE THROUGH MUSIC)
Sister Beth Dowd, 914-654-1178, songcatchers@gmail.com

Instrumental Music, Drama, Arts Teacher (New Rochelle): Teach young children to play a musical instrument or teach art and drama classes and enrich their lives. Periodic workshops in pedagogy (how to teach) will be offered. **Age Min:** 15

SOUND SHORE MEDICAL CENTER

Josephine Catalano, 914-365-4987, josephinecatalano@ssmc.org

Clerical Assistant (New Rochelle): Volunteer is needed to help make

Vanessa Torres
2010 Arts, Culture and Recreation
Award Winner



High school senior, Vanessa Torres, started playing the piano as a 7 year-old when she enrolled in Songcatchers' music program. This New Rochelle program makes music lessons available to children who can't otherwise afford them. Thanks to this program, Vanessa also added violin and flute lessons to her music education. At 14, she realized her desire "to give back to the community that gave so much to me" and became a volunteer instructor, giving weekly piano and flute lessons, as well as organizing group art projects. Over the last four years, Vanessa has provided music lessons to more than 200 children who would have never had the opportunity to discover and develop their talent.

Vanessa also teaches her peers the value of persistence in their music making, schoolwork and personal life. Vanessa is a Songcatcher peer leader for more than 70 high school and college age volunteers and is a member of the volunteer counselor staff for the one-week sleep-away camp. She also performs with the Songcatchers Choir and Ensemble at events throughout Westchester County.



our office run more smoothly. Help our staff with phones, filing, running errands, etc., for a few hours a week. **Age Min:** 16

Recreation Therapy Assistant (New Rochelle): Volunteers needed to lead and participate in one-on-one and group activities and special events. This also includes transporting volunteers to these activities and events. **Age Min:** 15

Physical Therapy Assistant (New Rochelle): Transport wheelchair bound residents to and from therapy appointments within the facility.
Age Min: 15

SOUTH EAST CONSORTIUM

Jennifer Spenner Kind, 914-698-5232, jspenner-kind@secrec.org

Recreation Assistant (Mamaroneck): Recreation program for children and adults with developmental disabilities is seeking volunteers to assist with fun and energetic activities. **Age Min:** 16

SPARC, INC - SPECIAL PROGRAM AND RESOURCE CONNECTION

Patti Columbo, 914-243-0583, patticsparc@optonline.net



SPCA Wags and Whiskers Walk-A-Thon

Christine, Caitlin, Kristin, Julia, and Yueh-Shan Lee helped raised funds at the SPCA walk-a-thon. They sold temporary tattoos and sand art at the event, and they promoted the adoption of cats and dogs by wearing some very cute photographs of the animals.

Teen Time Social Club (Ardsey and Yorktown Heights): Join with teens who have developmental disabilities in this fun Friday night social club (6:30-9:15pm). Activities include trips, parties, art and games.
Age Min: 16

SPCA OF WESTCHESTER

Alice Shanahan, 914-941-2894, alice@spca914.org

Dog training - Click and Treat (Briarcliff Manor): We train our dogs with positive reinforcement, asking for certain behaviors, clicking and rewarding them with treats when they learn those behaviors. Volunteers toss treats to the dogs while they are in their runs. **Age Min:** 13

Events (Briarcliff Manor): Help staff our booth, give out literature about SPCA, the Simpson Spay/Neuter Clinic and the services we provide to the community. Raise money for the shelter animals through sales of pet products, and SPCA logo items. **Age Min:** 16, **Age Min with Adult:** 10

Fostering (Briarcliff Manor): Become a foster family for a shelter animal. Foster times can range from just a few days up to four months. Junior volunteers must have parental approval. **Age Min:** None

Pet Sponsorship "Adopt a Shelter Pet" (Briarcliff Manor): Visit the shelter and meet and take pictures of your dog or cat. Create "Adopt Me" posters and hang them in public places in your local area. Find ways to raise money (donation boxes/ drives, bake sales, lemonade stands, or car washes) for donations of supplies for your dog or cat and all other shelter animals. **Age Min:** 16, **Age Min with Adult:** 10

Shelter Beautification (Briarcliff Manor): Help make our animal shelter a more attractive place to visit. Volunteers for planting, gardening, painting, carpentry, general clean-up and maintenance are needed.
Age Min: 16 **Age Min with Adult:** 10

SPRAIN BROOK MANOR NURSING HOME

Donna Porchi, 914-472-3200, dlporchi@hotmail.com

Recreation Assistant (Scarsdale): Assist with recreational activities for seniors such as arts and crafts, music, games, sewing, baking. Also 1-1 social visits, which consist of conversation, playing cards, or even reading a book to someone with poor vision. **Age Min:** 16

ST. CABRINI NURSING HOME

Roberta Mick, 914-693-6800, rmick@cabrini-eldercare.org

Friendly Visitors and Patio Pals (Dobbs Ferry): Volunteers help confined seniors by bringing them out to the patio or other areas so they can enjoy a new space and, of course, the volunteer's company.
Age Min: 14 **Age Min with Adult:** None

Gift Shop Volunteer (Dobbs Ferry): Our nursing home needs volunteers who will help out in the gift shop by transporting residents

and assisting with purchases. Volunteers may also be called on to staff the shop. **Age Min:** 14, **Age Min with Adult:** None

Recreation Program (Dobbs Ferry): Transport patients in wheelchairs to daily mass starting at 11AM everyday and/or distribute food or gifts to elders. **Age Min:** 14, **Age Min with Adult:** None

STEPPING STONES, THE HISTORIC HOME OF BILL AND LOIS WILSON

Annah Perch, 914-232-4822, info@steppingstones.org

Gardener, housekeeper, general labor (Katonah): Stepping Stones is dedicated to preserving the historic home of the Wilsons, co-founders of Alcoholics Anonymous and Al-Anon Family Groups, and to commemorating their achievements in the field of recovery from alcoholism. Help weed and garden to keep the **Age Min:** 15

STONE BARN CENTER FOR FOOD AND AGRICULTURE

Barbra Fox, 914-366-6200, bfox@stonebarnscenter.org

Administrative Volunteer (Pocantico Hills): Providing support on tasks such as data entry, answering phone calls, assembling mailers and preparing materials for special events or visiting groups. **Age Min:** 16



Ross Flores
2009 Martin Luther King Jr. Award nominee

Ross Flores was the 08/09 President of the student government at New Rochelle High School with 3300 students from 65 countries. He dedicated this year to

school-wide community building to break down the cultural barriers that exist in the school. He encouraged his peers to use social action and philanthropy projects to bring various clubs and groups together for a common cause. For example, he pulled multiple clubs together to do a toy drive. The Tourette's Awareness Club sold refreshments during a pep rally in order to raise funds as well as awareness about Tourette's Syndrome. He initiated a school-wide recycling effort, "Bottle Bonanza." Ross has also helped to establish a club fair for incoming freshmen in order to make their transition easier as well as serve as a mentor and executive board member for Ignite, a freshmen mentoring program. "I hope I have helped to create an environment where stereotypes are challenged and students are urged into action, where people work together to create a unified community." says Ross

Farm Store (Pocantico Hills): Volunteers assist in receiving new merchandise, matching counts to shipping documents, inspecting for damages, labeling and folding merchandise, general house-keeping duties such as tidying merchandise on display, watering plants and assisting shoppers. **Age Min:** 16

Gardening and Landscaping (Pocantico Hills): Maintain garden, plant and harvest crops and interpret garden for visitors. **Age Min:** 16

Greenhouse (Pocantico Hills): Participate in intensive vegetable production with a heavy focus on greens. Tasks include bed cleaning, weeding, harvesting and bed preparation. **Age Min:** 16

Livestock (Pocantico Hills): Work with livestock farmers to maintain healthy environments for the Center's animals (swine, sheep, meat and egg laying chickens, geese, turkeys and bees). Most of the day is spent moving fences, waterers and shelters, cleaning equipment, processing eggs, and tending pastures and woodlands. **Age Min:** 16

Packaging Compost (Pocantico Hills): Work with staff in early to late spring, packaging and affixing labels to bags of compost. **Age Min:** 16

Propagation (Pocantico Hills): Volunteers needed to make soil blocks, seed and transplant young plants in our propagation room March-June. **Age Min:** 16

Public Programs (Pocantico Hills): Join us year-round in leading tours of the farm, assisting with cooking classes for families and running hands-on farm activities for kids. Training and study materials will be provided. **Age Min:** 16

School Programs (Pocantico Hills): Assist staff in working with school groups (K through 12) that visit the farm. Tasks include farm tours and chores such as egg-collecting, greenhouse bed cleaning and assisting with classroom activities. Training and study materials will be provided. **Age Min:** 16

Shredding Cardboard (Pocantico Hills): Help shred cardboard as part of the "cradle-to-grave" recycling circle practiced at Stone Barns. **Age Min:** 16

Splitting Firewood (Pocantico Hills): Assist our staff with splitting and stacking firewood. **Age Min:** 16

Terrace Garden (Pocantico Hills): Volunteers needed with an interest in cut flower, edible flower and herb production. Spring activities include garden cleaning, digging, bed preparation and transplanting seedlings. Volunteers will create signage and labels for education purposes and market stock. Tasks in June-September include weeding, harvesting and processing. **Age Min:** 16

Vegetable Field (Pocantico Hills): Learn the intricacies of our farming techniques. Tasks include field preparation, transplanting, cultivation, harvesting and maintaining a 6-acre production area. **Age Min:** 16

Visitor Services (Pocantico Hills): Serve as the first line of information for visitors. Speak enthusiastically and accurately about the mission and activities of the Center. Tasks include welcoming visitors, providing directions, answering questions and answering the phone. **Age Min:** 16

TEATOWN LAKE RESERVATION

Beth Rhines, 914-762-2912 x 115, brhines@teatown.org

Teens in Teatown (Ossining): Come to monthly training meetings and participate in weekly service projects, such as animal care, trail maintenance, sustainability, office and clerical, special events and assisting with educational programming at Teatown Lake Reservation. Must commit to full school year. **Age Min:** 14

THE CHILDREN'S VILLAGE

Candida Fitts, 914-693-0600 x1586, Cfitts@childrensvillage.org

Group project - Landscaping (Dobbs Ferry): We are looking for a group of volunteers to come and beautify our campus in Dobbs Ferry. This may include mulching, planting, pruning, weeding, etc. **Age Min:** 15

Tutor for Boys (Dobbs Ferry): Read to youth or help with homework. These activities can make a big difference in the academic lives of underperforming students. Volunteers are required to commit to a minimum of an hour and a half a week for the entire school year. **Age Min:** 16

THE CLAY ART CENTER

Gail Heidel, 914-937-2047 x223, mail@clayartcenter.org

Ceramic Studio and Gallery Assistant (Port Chester): Prepare gallery shows (painting, spackling), work needed in the office, studio, classroom and special events. **Age Min:** 14

THE GUIDANCE CENTER, INC.

Esther Estenger, 914-636-4440 ext. 201, eestenger@tgcny.org

Tutors for After School Homework Program (New Rochelle): Tutors are sought for After-School Homework program on Tuesday and Friday 3:00-5:00. Elementary school - aged children will bring their homework assignments to be assisted by tutors. **Age Min:** 16

THE SALVATION ARMY OF WHITE PLAINS

Captain Antonio Rosamilia, 914-949-2908, antonio.rosamilia@use.salvationarmy.org

Afterschool Tutor and Assistant (White Plains): Volunteers will be working with different classrooms, giving help to students ages 5-11 with homework and afterschool activities. **Age Min:** 17



Mt. Vernon Youth Bureau Global Youth Service Day Project

The Mt. Vernon Youth Bureau visited Wartburg Senior Adult Day Center and helped bring a smile to the seniors. They bowled, played word games, and encouraged the seniors to join in other activities. The students sported VICTORY shirts which stands for **Volunteer Inspiring Change Through Opportunity Reaching Youth.**

Soup Kitchen Help (White Plains): Work in a soup kitchen providing food to the hungry. Volunteers help with extra projects during the holidays. **Age Min:** 17, **Age Min with Adult:** 11

TOWN OF YORKTOWN MUSEUM

Adele Hobby, 914-962-2970, museum@yorktownny.org

Museum Volunteer (Yorktown Heights): Volunteer needed whose duties include working in the gift shop, doing office work with the computer, filing, or helping with setting up and putting away exhibits. **Age Min:** 16

THE VOLUNTEER CENTER OF UNITED WAY

Shannon Cobb, 914-227-9301, shannon@volunteer-center.org

Outreach Volunteer (Westchester and Putnam): Be a part of a team of outreach volunteers who recruit volunteers to solve community challenges. Staff a booth at a community fair, or speak to youth and adults in your area, or post flyers. **Age Min:** 16

Videographer & Interviewer (Tarrytown): Help document the great work volunteers are doing in Westchester and Putnam Counties. Shoot video clips of volunteers around the area to be used on YouTube. Volunteers should feel comfortable in front of or behind the camera as well as asking interview questions. Will need to contact nonprofits to set up appointments to interview their volunteers. Flip camera available if needed. Small groups welcome. **Age Min:** 16

UNION BAPTIST CHURCH

Patricia Coleman, 914-948-6439

Soup Kitchen Help (White Plains): Volunteers are needed to help set up and clean up for weekly dinners for the homeless. **Age Min:** 15

UNITED HEBREW

Linda Forman, 914-632-2804, lforman@uhgc.org

Caring Feeders for the Frail Elderly (New Rochelle): Senior center is seeking volunteer assistance to help feed the frail and handicapped residents who are unable to complete this task successfully on their own. **Age Min:** 15, **Age Min with Adult:** 13

Clerical Assistant (New Rochelle): Agency that provides quality skilled nursing to Westchester seniors and rehabilitation for the disabled is looking for volunteer clerical assistance for a variety of needs including Accounting, Human Resources and Medical Records. **Age Min:** 15

Friendly Visitors (New Rochelle): Many of the senior residents at our residences have no relatives or friends who are able to visit. Friendly visits make a world of difference to these individuals. **Age Min:** 14, **Age Min with Adult:** 10

Game Player (New Rochelle): Group games and board games are enjoyed by the residents of this senior facility. If you can call a bingo number, or play a board game with our residents, your help would be most appreciated. **Age Min:** 14

Pet Therapy Volunteer (New Rochelle): Do you have a loving pet? Animals and their friends make regular visits to the residents of this senior facility. We invite volunteers to bring their own furry friend and join the program. **Age Min:** 14

Strollers and Rollers (New Rochelle): Many residents of this geriatric facility would enjoy a walk around the facility, or on the streets just outside our door. They could use a friend to accompany them along the way. **Age Min:** 14

UNITED WAY OF WESTCHESTER/PUTNAM

Francely Bernard, 914-997-6700, fbernard@uwwp.org

Ambassadors for UWWP and Hudson Valley 2-1-1 (White Plains): Speak about United Way's mission and initiatives and the work of 2-1-1 at community meetings and events throughout the year (e.g. Rotary Clubs, community fairs, local corporations, etc.) **Age Min:** 15

Data Entry (White Plains): Add donor, volunteer and workplace information to the UWWP database. Training provided. **Age Min:** 15

Event Photographer/Videographer (White Plains): Use your creativity and skills in the service of United Way while enhancing your resume. Experience required. **Age Min:** 15



**David Feller 2009
Martin Luther King Jr.
Award Winner**

David Feller, a fourth-grader at Furnace Woods School in Cortlandt, organized a concert to help keep a homeless shelter in Northern Westchester open. He received the Social Justice award.

Mailings (White Plains): Join a core group of volunteers and interns that help with the vital office work associated with our mailings to the community. **Age Min:** 15

Social Networking Assistant (White Plains): Help UWWP reach Facebook, Twitter and other social networking users. Experience required. **Age Min:** 15

Website Design and Maintenance (White Plains): Help keep UWWP's website current, attractive and accurate. Experience required. **Age Min:** 15

VOLUNTEER ASSOCIATION FOR BANGLADESH (VAB)

Dr A.T.R. Rahman, 914-591-8635, arahman10@aol.com

VAB Local Volunteer (Irvington): Sponsor a student's education for only \$50. All Bangladesh high school students are required to pay fees for education. Run a bake sale or a car wash and change the life of a student across the world. **Age Min:** None

WARTBURG ADULT CARE COMMUNITY

Ann Frey, 914-513-5114, afrey@thewartburg.org

Entertainment Provider (Mount Vernon): Volunteers needed, individuals or groups, to entertain (sing, play an instrument, dance) for senior residents. Piano available. **Age Min:** None

Game Player Volunteer (Mount Vernon): Play games (crossword puzzles, board games, card games, bingo, etc.) with the seniors. **Age Min:** 15

Pet Therapy (Mount Vernon): Visit residents in our nursing home, assisted living and our adult day care with your pet. Pets must have vaccinations and some training as pet therapy animals. **Age Min:** 15

Volunteer Craft Workers (Mount Vernon): Help make wheelchair bags for our residents. **Age Min:** 14

WCLA CHOICE MATTERS

Catherine Lederer-Plaskett, 914-946-5363, cath-
erine@choicematters.org

Office Helper (White Plains): Volunteers needed in a pro-choice coalition to do clerical and phone work. Volunteers also needed for emergency campaign helping educate and hand out literature.
Age Min: 16

WESTCHESTER CHAMBER ORCHESTRA

Barry Charles-Hoffman, 914-654-4926,
info@westchesterchamberorchestra.org

Clerical Volunteer (New Rochelle): Volunteer needed to assist our agency with filing, answering phones, mailings, and light computer work.
Age Min: 15

WESTCHESTER COMMUNITY COLLEGE

Paula Dambroff, 914-606-6506, paula.dambroff@sunywc.edu

Native Plant Center-Gardening (Valhalla): Knowledgeable gardeners are needed to patrol the Demonstration Gardens on a regular basis to keep them litter and weed free. Creation of blooming-time records and other information for visitors needed. **Age Min:** 14

WESTCHESTER COUNTY DEPARTMENT OF PLANNING

Susan Darling, 914-995-6535, sad8@westchestergov.com

Water Quality Monitor for Streams (Westchester): Analyze long term

stream conditions by collecting physical, chemical and biological data on a regular basis. Volunteers work in teams to collect data on the same monitoring site throughout the summer or fall and winter. **Age Min:** 14

**WESTCHESTER COUNTY DEPARTMENT OF PARKS,
RECREATION AND CONSERVATION**

Robert Del Torto, 914-864-7054, rld6@westchestergov.com

Park Clean -Up (Westchester): Any group can adopt a park and maintain its beauty for all our visitors. Plant trees and flower beds, prune shrubs, spread wood chips, rake, clear trails and stream banks or even paint, stain or erect structures. Also special clean-up days throughout the year. **Age Min:** 12

WESTCHESTER DISABLED ON THE MOVE

Ann Chiapetta, 914-968-4717 ext 37, annc@wdom.org

Youth Power Advisory Board (Yonkers): Statewide agency looking for youth with disabilities for advocacy work to make positive changes in education, disability services, accessibility, service coordination and the mental health system. **Age Min:** 16

WESTCHESTER MEDICAL CENTER

Carol Forrest, 914-493-7850, cforrestc@wcmc.com

Surgical Liaison (Valhalla): Serve as a liaison between patients, families, and visitors, and the Medical Center in the surgical and ICU waiting rooms. **Age Min:** 16



Alex Harelick Swims for a Cure

Not only has Alex been using his swimming skills to raise money for great causes, he created a web page to promote his fundraising efforts and to educate the world about multiple sclerosis and cancer research causes (www.alexswims.com)

His website really says it all:

"This year, in memory of my Grandma, I will swim the Long Island Sound of New York with *Swim Across America*, a nationally recognized organization dedicated to raising money and awareness for cancer research, prevention and treatment through swimming related events. This is an ideal choice for me as the net proceeds of this particular event benefit my local area of Westchester County, NY as well as Memorial Sloan-Kettering Cancer Center in NYC.

As you know, since 2005, I have swam the 3 miles across the Hudson River to benefit multiple sclerosis. Because of your generosity, I was able to raise \$20,000 for the National MS Society. That swim will not take place this year, but I don't want to forget about the people suffering from this disease."

WESTCHESTER PHILHARMONIC

Julia Koo, 914-682-3707, jkoo@westchesterphil.org

Concert Aides (White Plains): Help us on concert weekends by assisting at the Information Table with CD sales, subscription renewals and general information. **Age Min:** 16

Office Aide (White Plains): An agency whose mission is to provide quality music to Westchester County needs help with mailings, filing, research, and other tasks. **Age Min:** 16

WHITE PLAINS HEADSTART- FSW

Kim Mesa, 914-872-5248, kmesa@fsw.org

Book Sorting (White Plains): Head Start receives lots of book donations which they give to the Center's children on their birthdays. A volunteer is needed to come in once a month and sort through books and organize them for Head Start. **Age Min:** 13

Classroom Assistant Teacher (White Plains): Assist in early childhood education centers and classrooms. Children range in age from 12 months to 5 years. Assist with hands-on activities such as arts and crafts, music, storytelling/book reading, singing, dancing, building with blocks, puzzles, outdoor play, etc. **Age Min:** 16

WHITE PLAINS HOSPITAL CENTER

Roseanne Braiotta, 914-681-1225, rbraiotta@wphospital.org

Clerical Assistant (White Plains): Volunteer needed to help make our office run more smoothly. Help our office with filing and general office work for a few hours a week. **Age Min:** 16

WHITE PLAINS PERFORMING ARTS CENTER

Kathleen Davisson, 914-328-1600, kathleen@wppac.com

Theatre Usher (White Plains): Ushers needed to seat patrons, distribute show programs and provide excellent customer service to our guests at White Plains Performing Arts Center performances. In exchange for your service, you are able to see the show for free! **Age Min:** 15

WHITE PLAINS YOUTH BUREAU

Patti Staffiero, 914-422-1378, pstaffie@whiteplains.ny.gov

Homework Buddy (White Plains): High school students needed to tutor elementary students in the Ferris Ave. After School program. **Age Min:** High School students only.

Seuss Up Reading Program (White Plains): Read books to children to keep them motivated and excited about reading!
Age Min: Middle School students only.

WHITE PLAINS YOUTH BUREAU- READS! PROGRAM

Bhavana Pahwa, 914-422-1378, bpahwa@white-plainsny.gov

White Plains Reads (White Plains): Join the White Plains READS! team of volunteer reading tutors and help children develop their reading and vocabulary skills. Training will be provided by the PACE University Center for Literacy Education and the White Plains Youth Bureau. **Age Min:** High School students only.

WILLOW TOWERS

Maytha Ramirez, 914-636-6565, mramirez@willowtowers.com

Exercise for Seniors (New Rochelle): Senior residence invites a volunteer to come and conduct an exercise program for our seniors. Should have some physical fitness training. **Age Min:** 16

Mah Jongg Teacher (New Rochelle): Groups or individuals can have fun teaching Mah Jongg and interacting with seniors!
Age Min: 16



Katie Scimia and Nesten Petit
2009 Martin Luther King Jr. Nominees

Katie and Nesten are both members of the White Plains Youth Bureau and have volunteered in numerous activities including Thanksgiving food drive, holiday toy drive, walk-a-thons, and a Valentine's Ball, Midnight Run, education about living "green", helping with the Burke Rehabilitation Center Wheelchair games, and many others. More can be read about youth bureaus on page 15.

YONKERS COMMUNITY ACTION PROGRAM, INC. (YCAP)

Irma Cruz, 914-423-5905 x20, info@yonkerscap.org

After School Tutor (Yonkers): Volunteers are needed to tutor children ages 5 to 12 years old during our after school program. **Age Min:** 16

Clerical Worker (Yonkers): This Yonkers community Program is looking for someone to do light clerical work such as answering the phones and filing. **Age Min:** 16

Computer tutor (Yonkers): Volunteers are needed to teach basic computer skills (Microsoft Word, Excel) to non-skilled clients, to help provide them with the tools that will enable them to get better jobs, improve their financial situation and thus improve their quality of life. **Age Min:** 16

YONKERS PUBLIC LIBRARY - RIVERFRONT-BRANCH

Anne Campbell, 914-337-1500, acampbell@ypl.org

Library Volunteers (Yonkers): A library volunteer is needed to make sure the books are in order on the shelves and rearranging as necessary. **Age Min:** 15

YOUTH THEATRE INTERACTIONS

Mamie Duncan-Gibbs, 914-963-3040, mdgytiyonkers@aol.com

Hallway Monitor (Yonkers): Volunteer needed to monitor hallways while students enter premises and sign in for classes. We want to make sure children are where they're supposed to be, when they're supposed to be there. This person will help enforce these rules. **Age Min:** 14

Homework Assistant (Yonkers): While students 8-13 wait for class to begin, volunteers will be in our homework room to assist with questions they may have on math, spelling, geography, etc. **Age Min:** 14

Press Assistant (Yonkers): We are looking for someone to help raise the public's awareness of our existence as a performing arts school that provides a unique artistic experience for the youth of Westchester County. Get great experience writing press releases. **Age Min:** 16

Youth Worker (Yonkers): This job requires an energetic youth that enjoys being around younger children. He/she would assist in our office, learning and utilizing basic skills: light typing, filing, keeping attendance records, and assisting with costume fittings for students. **Age Min:** 16

**Our Volunteer opportunities are always being updated.
You can search through current opportunities by age,
location and interest at**

www.volunteer-center.org

All of these nonprofit organizations are listed alphabetically in this book starting at page 21 unless otherwise indicated by a page number.

Volunteer Listing By Minimum Age of Volunteer

All Ages

American Diabetes Assn. (White Plains), Pg 19-Oct.
Andrus Children's Center (Yonkers) May, Pg 789
Blythedale Children's Hospital (Valhalla)
Fun For Cure, Inc. (Westchester)
Groundwork Mid-Hudson (Yonkers), Pg 17-May
Guiding Eyes for the Blind (Patterson & Westchester)
John Jay Homestead St. Historic Site (Katonah), Pg 17-May
Make-A-Wish Foundation of the Hudson Valley (Tarrytown)
March of Dimes (White Plains), Pg 16-April
SPCA of Westchester (Westchester & Putnam)
SPCA of Westchester (Yorktown Hts.), Pg 17-May
Volunteer Association for Bangladesh (VAB) (Irvington)
Wartburg Adult Care Community (Mt. Vernon)

9-11 +

Cornell Cooperative Ext.-Putnam (Brewster)
Boy Scouts of America, Westchester-Putnam (Hawthorne)
White Plains Youth Bureau (White Plains)

12 +

American Red Cross - Westchester (White Plains)
Areyvut (Westchester) Pg 11
Atria-Assisted Living (Briarcliff Manor)
Campaign for Westchester Children's Museum (Rye), Pg 18-June
FSW -The Sharing Shelf (Port Chester)
Lord's Pantry, Inc. (White Plains)
UJA Federation of NY/Westchester (Westchester) Pg 11
Westchester County Department of Parks (Westchester)
WJCS-Westchester Jewish Community Services (Westchester) Pg 11

13 +

Afya Foundation of America: Supplies for Life (Yonkers)
Community Center of Northern Westchester (Katonah)
Family Resource Center (Peekskill)
Friends of Karen (Westchester & Putnam)
Jazz for Peace (New Rochelle)
Mahopac Senior Center (Mahopac)
My Second Home of FSW (Mt. Kisco)
Putnam Children's Discovery Center (Carmel)
Sarah Neuman Center for Healthcare & Rehabilitation (Mamaroneck)
The Leukemia & Lymphoma Society (White Plains), Pg 20-Nov.
White Plains Headstart-FSW (White Plains)

14 +

American Red Cross in Greater NY-Putnam (West Point)
Andrus Children's Center (Eastchester/Tuckahoe/Yonkers)
Ardsley Public Library (Ardsley)
Big Brothers/ Big Sisters Mentoring Program of FSW (Port Chester)
Boys & Girls Club of New Rochelle (New Rochelle)
Community Service Associates (Mt. Vernon)
Cystic Fibrosis Foundation (Purchase)

Dobbs Ferry Public Library (Dobbs Ferry)
Edith Read Sanctuary (Rye)
Edna L. Roker Social Adult Day Center (White Plains)
Family Resource Center (Peekskill), Pg 20-Nov. & Dec.
Friends of Weinberg Nature Center (Scarsdale)
Giant Kids (Mahopac), Pg 18-July
Greenburgh Nature Center (Scarsdale)
Hebrew Hospital Home of Westchester (Valhalla)
HOPE Community Services (New Rochelle)
John A. Coleman School (White Plains)
Juvenile Diabetes Research Foundation (White Plains)
Meals on Wheels-Bronxville (Bronxville)
National MS Society (Carmel & Rye), Pg 16-April
Open Door Family Medical Centers (Sleepy Hollow)
Open Door Family Medical Centers (Sleepy Hollow), Pg 20-Dec.
Ossining Food Pantry (Ossining)
Pelham Art Center (Pelham)
Putnam Hospital Center (Carmel)
Richmond Community Services (Yonkers)
Richmond Community Services (Yonkers), Pg 18-June
Saint Joseph's Medical Center (Yonkers)
St. Cabrini Nursing Home (Dobbs Ferry)
Teatown Lake Reservation (Ossining)
Teatown Lake Reservation (Ossining), Pgs 16-March & 18-May
The Clay Art Center (Port Chester)
The Leukemia & Lymphoma Society (Rye), Pg 19-Sept.
The Rye Arts Center (Rye), Pg 19-Sept.
The Salvation Army of White Plains (White Plains), Pg 20-Nov. & Dec.
United Hebrew (New Rochelle)
Westchester Community College (Valhalla)
Westchester County Dept. of Planning (Westchester)
Youth Theatre Interactions (Yonkers)

15 +

AIDS Related Community Services (Mt. Vernon)
Alzheimers Association (White Plains), Pg 19-Oct.
Bridges to Community (Ossining)
Community Food Pantry at St. Mary's (Mohegan Lake)
Cystic Fibrosis Foundation (Carmel & Rye), Pg 17-May
Emelin Theatre (Mamaroneck)
Greenburgh Library (Elmsford)
Historic Hudson Valley (Croton), Pgs 18-Sept. & 19-Oct.
Hudson Valley Blood Services (Elmsford)
John Jay Homestead State Historic Site (Katonah)
Juvenile Diabetes Research Foundation (Rye), Pg 18-June
Juvenile Diabetes Research Foundation (White Plains), Pg 19-Oct.
Manitoga/The Russel Wright Design Center (Garrison), Pg 16-March
MHA of Westchester (Yorktown Hts.), Pg 19-Oct.
Neighbors Link (Mt. Kisco)
Peekskill Celebration (Peekskill), Pg 18-Aug.
PKD Foundation-Hudson Valley Chapter (Bedford Hills), Pg 18-Sept.
Pleasantville Cottage School (Pleasantville), Pg 17-May
Port Chester Head Start (Port Chester)
Port Chester Nursing & Rehabilitation Centre (Port Chester)
Pregnancy Care Center (New Rochelle)
Public-Private Alliance Foundation (Hastings on Hudson)
Putnam Associated Resource Centers (PARC) (Brewster)
Putnam Recreation Program for the Handicapped (Mahopac)

Rye Nature Center (Rye)
 Songcatchers Inc. (New Rochelle)
 Sound Shore Medical Center (New Rochelle)
 Sound Shore Medical Center (New Rochelle), Pg 20-Dec.
 Stepping Stones, Historic home of Bill & Lois Wilson (Katonah)
 Support Connection, Inc. (Yorktown Hts.), Pg 19-Oct.
 The Children's Village (Dobbs Ferry)
 The Salvation Army of White Plains (White Plains), Pg 20-Dec.
 Union Baptist Church (White Plains)
 United Way of Westchester/Putnam (White Plains)
 Westchester Chamber Orchestra (New Rochelle)
 Westchester Toughman Triathlon (Croton on Hudson), Pg 19-Sept.
 White Plains Performing Arts Center (White Plains)
 Yonkers Public Library - Riverfront-Branch (Yonkers)

16 +

American Cancer Society (Purchase), Pg 19-Oct.
 American Cancer Society (White Plains), Pg 17-May
 American Heart Association (Valhalla), Pg 19-Oct.
 Beczak Environmental Education Center (Yonkers)
 Bethel Nursing, Rehab, & Retirement Homes (Croton On Hudson)
 Big Brothers/ Big Sisters Mentoring Program of FSW (Port Chester)
 Bryn Mawr Children's Learning Center (Yonkers)
 Cabrini Immigrant Services (Dobbs Ferry)
 Caramoor Center for Music & The Arts (Katonah)
 Caramoor Center for Music & The Arts (Katonah), Pg 16-April
 Cerebral Palsy of Westchester (Rye Brook)
 Clearwater (Beacon)
 Crohn's & Colitis Foundation (Yorktown Hts.), Pg 17-May
 DOROT, Inc. (Westchester)
 Dumont Masonic Home (New Rochelle)
 Field Library (Peekskill)
 FSW -Family Services of Westchester (Ossining)
 FSW -Family Services of Westchester (Ossining), Pg 20-Nov.
 Furniture Sharehouse (Armonk), Pg 16-April
 Girl Scouts Heart of the Hudson (Pleasantville)
 Green Chimneys Children's Services (Brewster)
 Greyston Foundation (Yonkers)
 Groundwork Mid-Hudson (Yonkers)
 Hammond Museum (North Salem)
 Heartsong, Inc. (White Plains & Yonkers)
 Hope's Door (Pleasantville)
 Jacob Burns Film Center, Inc. (Pleasantville)
 Jewish Board of Family & Children's Services-JBFCS (Hawthorne)
 Keep Putnam Beautiful (Putnam)
 League of Women Voters of New Rochelle (New Rochelle)
 Little Village Playhouse (Pleasantville)
 Lord's Pantry, Inc. (New Rochelle)
 Meals on Wheels-New Rochelle (New Rochelle)
 Meals on Wheels-White Plains (White Plains)
 Mt. Vernon Public Library (Mt. Vernon)
 New York Presbyterian Hospital Westchester (White Plains)
 New York State Veterans Home (Montrose)
 Planned Parenthood Hudson Peconic (White Plains)
 Port Chester Carver Center (Port Chester)
 Putnam Community Action Program (Brewster)
 South East Consortium (Mamaroneck)
 Special Program & Resource Connection (Ardsley & Yktn. Hts.)

Special Olympics (Brewster), Pg 18-May
 Sprain Brook Manor Nursing Home (Scarsdale)
 Stone Barns Center for Food & Agriculture (Pocantico Hills)
 The Guidance Center, Inc. (New Rochelle)
 Town of Yorktown Museum (Yorktown Hts.)
 TVC-The Volunteer Center of United Way (Westchester & Putnam)
 WCLA Choice Matters (White Plains)
 Westchester County Dept of Parks (Westchester), Pgs 16 & 20
 Westchester County Office for Women (Valhalla), Pg 18-May
 Westchester Disabled on the Move (Westchester)
 Westchester Medical Center (Valhalla)
 Westchester Philharmonic (White Plains)
 White Plains Hospital Center (White Plains)
 Willow Towers (New Rochelle)
 Yonkers Community Action Program, Inc. (YCAP) (Yonkers)

17 +

MHA of Westchester (White Plains)
 The Salvation Army of White Plains (White Plains)

18 +

American Cancer Society (White Plains), Pg 16-March
 Clearwater (Croton on Hudson), Pg 18-June
 Midnight Run (Westchester)

Volunteer Opportunities Open to Younger Chaperoned Youth

No Specified Age Requirement for Chaperoned Youth

American Diabetes Association (White Plains), Pg 19-Oct.
 American Heart Association (Valhalla), Pg 19-Oct.
 Andrus Children's Center (Yonkers), Pg 17-May
 Blythedale Children's Hospital (Valhalla)
 Fun For Cure, Inc. (Westchester)
 Groundwork Mid-Hudson (Yonkers), Pg 17-May
 Guiding Eyes for the Blind (Patterson)
 Guiding Eyes for the Blind (Westchester)
 John Jay Homestead State Historic Site (Katonah), Pg 17-May
 Lord's Pantry, Inc. (New Rochelle)
 Make-A-Wish Foundation of the Hudson Valley (Tarrytown)
 March of Dimes Northern Metro Division (White Plains), Pg 16-April
 Sarah Neuman Center for Healthcare and Rehabilitation (Mamaroneck)
 SPCA of Westchester (Westchester & Putnam)
 SPCA of Westchester (Yorktown Hts.), Pg 17-May
 St. Cabrini Nursing Home (Dobbs Ferry)
 Volunteer Association for Bangladesh (VAB) (Irvington)
 Wartburg Adult Care Community (Mt. Vernon)
 Westchester County Dept of Parks (Westchester), Pg 16-Jan.-April
 The Rye Arts Center (Rye), Pg 19-Sept.

Elementary School and Older

Family Resource Center (Peekskill) **Min age** with adult 5
 Atria-Assisted Living (Briarcliff Manor) **Min age** with adult 6
 FSW-Family Services of Westchester (Ossining),
Min age with adult 6, Pg 20-Nov.
 My Second Home of FSW (Mt. Kisco) **Min age** with adult 6
 Afya Foundation of America (Yonkers) **Min age** with adult 8

Historic Hudson Valley (Croton),

Min age w/ adult 8, Pgs 18-Sept & 19-Oct.

The Volunteer Center of United Way (Westchester & Putnam)

Min age with adult 8

Community Service Associates (Mt. Vernon) **Min age** with adult 9

Cornell Cooperative Extension-Putnam (Brewster) **Min age** with adult 9

Edith Read Sanctuary (Rye) **Min age** with adult 9

American Red Cross-Westchester (White Plains) **Min age** with adult 10

Campaign for Westchester Children's Museum (Rye),

Min age with adult 10, Pg 18-June

United Hebrew (New Rochelle) **Min age** with adult 10

Middle School and Older

The Salvation Army of White Plains (White Plains) **Min age** with adult 11

Beczak Environmental Education Center (Yonkers) **Min age** w/ adult 12

DOROT, Inc. (Westchester) **Min age** with adult 12

Meals on Wheels-White Plains (White Plains) **Min age** with adult 12

Midnight Run (Westchester) **Min age** with adult 12

Ossining Food Pantry (Ossining) **Min age** with adult 12

FSW-Family Services of Westchester (Ossining) **Min age** with adult 13

High School and Older

American Cancer Society (White Plains),

Min age with adult 14, Pg 16-March

Bridges to Community (Ossining) **Min age** with adult 14

Cerebral Palsy of Westchester (Rye Brook) **Min age** with adult 14

Hammond Museum (North Salem) **Min age** with adult 14

Putnam Community Action Program (Brewster) **Min age** with adult 14

Clearwater (Croton on Hudson), **Min age** with adult 15, Pg 18-June

Volunteer Listing by City

ARDSLEY

Ardsley Public Library, Min age: 14

Furniture Sharehouse, Min age: 16, Pg 16-April

SPARC, Inc-Special Program & Resource Connection, Min age: 16

BEACON

Clearwater, Min age: 16

BEDFORD HILLS

PKD Foundation-Hudson Valley Chapter, Min age: 15, Pg 18-Sept.

BREWSTER

Cornell Cooperative Extension-Putnam, Min age: 9

Green Chimneys Children's Services, Min age: 16

Putnam Associated Resource Centers (PARC), Min age: 15

Putnam Community Action Program, Min age: 16, Min age w/ adult: 14

Special Olympics, Min age: 16, Pg 18-May

BRIARCLIFF MANOR

Atria-Assisted Living, Min age: 12, Min age w/ adult: 6

BRONXVILLE

Meals on Wheels-Bronxville, Min age: 14

CARMEL

Cystic Fibrosis Foundation, Min age: 15, Pg 17-May

National MS Society, Min age: 14, Pg 16-April

Putnam Children's Discovery Center, Min age: 13

Putnam Hospital Center, Min age: 14

CROTON ON HUDSON

Bethel Nursing, Rehab, & Retirement Homes, Min age: 16

Clearwater, Min age: 18, Min age w/ adult: 15, Pg 18-June

Historic Hudson Valley, Min age: 15,

Min age w/ adult: 8, Pgs 18-Sept. & 19-Oct.

Westchester Toughman Triathlon Inc, Min age: 15, Pg 19-Sept.

DOBBS FERRY

Cabrini Immigrant Services, Min age: 16

Dobbs Ferry Public Library, Min age: 14

St. Cabrini Nursing Home, Min age: 14, Min age w/ adult: None

The Children's Village, Min age: 15

EASTCHESTER

Andrus Children's Center, Min, age: 14

ELMSFORD

Greenburgh Library, Min age: 15

Hudson Valley Blood Services, Min age: 15

GARRISON

Manitoga/The Russel Wright Design Center, Min age: 15, Pg 16-March

HASTINGS ON HUDSON

Public-Private Alliance Foundation, Min age: 15

HAWTHORNE

Boy Scouts of America, Westchester-Putnam, Min age: 11

Jewish Board of Family & Children's Services-JBFCS, Min age: 16

RVINGTON

Volunteer Association for Bangladesh(VAB), Min age: None

KATONAH

Caramoor Center for Music &The Arts, Min age: 16 (Also Pg 16-April)

Community Center of Northern Westchester, Min age: 13

John Jay Homestead State Historic Site, Min age: 15

John Jay Homestead State Historic Site, Min age: None, Pg 17-May

Stepping Stones, Historic home of Bill & Lois Wilson, Min age: 15

MAHOPAC

Giant Kids, Min age: 14, Pg 18-July

Mahopac Senior Center, Min age: 13

Putnam Recreation Program for the Handicapped, Min age: 15

MAMARONECK

Emelin Theatre, Min age: 15

Sarah Neuman Center for Healthcare & Rehab,

Min age: 13, **Min age** w/ adult: None

South East Consortium, Min age: 16

MOHEGAN LAKE

Community Food Pantry at St. Mary's, Min age: 15

MONTROSE

New York State Veterans Home, Min age: 16

MOUNT KISCO

My Second Home of FSW, Min age: 13, Min age w/ adult: 6

Neighbors Link, Min age: 15

MOUNT VERNON

AIDS Related Community Services, Min age: 15

Community Service Associates, Min age: 14, Min age w/ adult: 9

Mt. Vernon Public Library, Min age: 16

Wartburg Adult Care Community, Min age: None

NEW ROCHELLE

Boys & Girls Club of New Rochelle, Min age: 14

Dumont Masonic Home, Min age: 16

HOPE Community Services, Min age: 14

Jazz for Peace, Min age: 13

League of Women Voters of New Rochelle, Min age: 16

Lord's Pantry, Inc., Min age: 16, Min age w/ adult: None

Meals on Wheels-New Rochelle, Min age: 16

Pregnancy Care Center, Min age: 15

Songcatchers Inc., Min age: 15

Sound Shore Medical Center, Min age: 15 (also Pg 20-Dec.)

The Guidance Center, Inc., Min age: 16

United Hebrew, Min age: 14, Min age w/ adult: 10

Westchester Chamber Orchestra, Min age: 15

Willow Towers, Min age: 16

NORTH SALEM

Hammond Museum, Min age: 16, Min age w/ adult: 14

OSSINING

Bridges to Community, Min age: 15, Min age w/ adult: 14

FSW-Family Services of Westchester,

Min age: 16, Min age w/ adult: 6, Pg 19-Nov.

FSW-Family Services of Westchester, Min age: 16, Min age w/ adult: 13

Ossining Food Pantry, Min age: 14, Min age w/ adult: 12

Teatown Lake Reservation, Min age: 14 (also Pgs 16-March & 18-May)

PATTERSON

Guiding Eyes for the Blind, Min age: None

PEEKSKILL

Family Resource Center, Min age: 13, Min age w/ adult 5

Family Resource Center, Min age: 14, Pg 19- Nov/Dec

Field Library, Min age: 16

Peekskill Celebration, Min age: 15, Pg 18-Aug.

PELHAM

Pelham Art Center, Min age: 14

PLEASANTVILLE

Girl Scouts Heart of the Hudson, Min age: 16

Hope's Door, Min age: 16

Jacob Burns Film Center, Inc., Min age: 16

Little Village Playhouse, Min age: 16

Pleasantville Cottage School, Min age: 15, Pg 17-May

POCANTICO HILLS

Stone Barns Center for Food & Agriculture, Min age: 16

PORT CHESTER

Big Brothers/Big Sisters Mentoring Program of FSW, Min age: 14

FSW -The Sharing Shelf, Min age: 12

Port Chester Carver Center, Min age: 16

Port Chester Head Start, Min age: 15

Port Chester Nursing & Rehabilitation Centre, Min age: 15

The Clay Art Center, Min age: 14

PURCHASE

American Cancer Society, Min age: 16, Pg 19-Oct.

Cystic Fibrosis Foundation, Min age: 14

RYE

Campaign for Westchester Children's Museum,

Min age: 12, Min age w/ adult: 10, Pg 18-June

Cystic Fibrosis Foundation, Min age: 15, Pg 17-May

Edith Read Sanctuary, Min age: 14, Min age w/ adult: 9

Juvenile Diabetes Research Foundation, Min age: 15, Pg 18-June

National MS Society, Min age: 14, Pg 16-April

Rye Nature Center, Min age: 15

The Leukemia & Lymphoma Society, Min age: 14 , Pg 19-Sept.

The Rye Arts Center, Min age: None, Pg 19-Sept.

RYE BROOK

Cerebral Palsy of Westchester, Min age: 16, Min age w/ adult: 14

SCARSDALE

Friends of Weinberg Nature Center, Min age: 14

Greenburgh Nature Center, Min age: 14

Sprain Brook Manor Nursing Home, Min age: 16

SLEEPY HOLLOW

Open Door Family Medical Centers, Min age: 14 (also Pg 20-Dec.)

TARRYTOWN

Make-A-Wish Foundation, Min age: None

TUCKAHOE

Andrus Children's Center, Min age: 14

VALHALLA

American Heart Association,

Min age: 16, Min age w/ adult: None, Pg 19-Oct.

Blythedale Children's Hospital, Min age: None

Hebrew Hospital Home of Westchester, Min age: 14

Westchester Community College, Min age: 14

Westchester County Office for Women, Min age: 16, Pg 18-May

Westchester Medical Center, Min age: 16

WEST POINT

American Red Cross in Greater NY-Putnam, Min age: 14

WHITE PLAINS

Alzheimers Assn., Min age: 15, Pg 19-Oct.

American Cancer Society, Min age: 18, Min age w/ adult: 14, Pg 16-Mar

American Cancer Society, Min age: 16, Pg 17-May
 American Diabetes Assn., Min age: None, Pg 19-Oct.
 American Red Cross, Min age: 12, Min age w/ adult: 10
 Edna L. Roker Social Adult Day Center, Min age: 14
 Heartsong, Inc., Min age: 16
 John A. Coleman School, Min age: 14
 Juvenile Diabetes Research Foundation, Min age: 14
 Juvenile Diabetes Research Foundation, Min age: 15, Pg 19-Oct.
 Lord's Pantry, Inc. Min age: 12
 March of Dimes, Min age: None, Pg 16-April
 Meals on Wheels-White Plains, Min age: 16, Min age w/ adult: 12
 MHA of Westchester, Min age: 17
 New York Presbyterian Hospital Westchester, Min age: 16
 Planned Parenthood Hudson Peconic, Min age: 16
 The Leukemia & Lymphoma Society, Min age: 13, Pg 20-Nov.
 The Salvation Army of White Plains, Min age: 17, Min age w/ adult 11
 The Salvation Army of White Plains, Min age: 14, Pg 20-Nov. & Dec.
 Union Baptist Church, Min age: 15
 United Way of Westchester/Putnam, Min age: 15
 WCLA Choice Matters, Min age: 16
 Westchester Philharmonic, Min age: 16
 White Plains Headstart-FSW, Min age: 13
 White Plains Hospital Center, Min age: 16
 White Plains Performing Arts Center, Min age: 15
 White Plains Youth Bureau, Min age: 11

YONKERS

Afya Foundation of America: Supplies for Life, Min age: 13,
 Min age w/ adult: 8
 Andrus Children's Center, Min age: 14
 Andrus Children's Center, Min age: None, Pg 17-May
 Beczak Environmental Education Center,
 Min age: 16, Min age w/ adult: 12
 Bryn Mawr Children's Learning Center, Min age: 16
 Greyston Foundation, Min age: 16
 Groundwork Mid-Hudson, Min age: 16
 Groundwork Mid-Hudson, Min age: None, Pg 17-May
 Heartsong, Inc., Min age: 16
 Richmond Community Services, Min age: 14 (also Pg 18-June)
 Saint Joseph's Medical Center, Min age: 14
 Yonkers Community Action Program, Inc. (YCAP), Min age: 16
 Yonkers Public Library - Riverfront-Branch, Min age: 15
 Youth Theatre Interactions, Min age: 14

YORKTOWN HEIGHTS

Crohn's & Colitis Foundation, Min age: 16, Pg 17-May
 MHA of Westchester, Min age: 15, Pg 19-Oct.
 SPARC, Inc-Special Program & Resource Connection, Min age: 16
 SPCA of Westchester, Min age: None, Pg 17-May
 Support Connection, Inc., Min age: 15, Pg 19-Oct.
 Town of Yorktown Museum, Min age: 16

County-Wide Programs

PUTNAM COUNTY

Keep Putnam Beautiful, Min age: 16

WESTCHESTER COUNTY

Areyvut, Min age: 12, Pg 11
 DOROT, Inc., Min age: 16, Min age w/ adult: 12
 Fun For Cure, Inc., Min age: None
 Midnight Run, Min age: 18, Min age w/ adult: 12
 UJA Federation of NY/Westchester, Min age: 12, Pg 11
 Westchester County Dept of Parks, Min age: 12
 Westchester County Dept of Parks, Min age: 16,
 Min age w/ adult: None Pgs16 & 20
 Westchester County Dept of Planning, Min age: 14
 Westchester Disabled on the Move, Min age: 16
 WJCS-Westchester Jewish Community Services, Min age: 12, pg 11

WESTCHESTER AND PUTNAM COUNTIES

Friends of Karen, Min age: 13
 Guiding Eyes for the Blind, Min age: None
 SPCA of Westchester, Min age: None
 The Volunteer Center of United Way, Min age: 16, Min age w/ adult: 8

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Services for Schools and Youth Programs From The Volunteer Center

Get your students involved in service. Sign up for these exciting programs. Thanks to funding from New York Life Foundation, there are no fees for any of the following services from The Volunteer Center:

- Schedule our staff to come speak to your students about volunteering. Presentations include:
 - *Be the Change!* Have you ever wondered what you could do to help change the world for the better? In this session, we will explore your hidden talents and which nonprofits are in need of people just like you.
 - How to develop a service project from start to finish or grow an existing service project.
- Receive volunteer project ideas twice a month through our volunteer e-newsletter
- Send photos so your students can be in the next Guidebook
- Make a video of your volunteer experience and The Volunteer Center will post it online for hundreds of others to be inspired.
- Get project ideas for Global Youth Service Day or other days of service
- Search for volunteer opportunities online at www.volunteer-center.org
- Nominate a student for the Volunteer Spirit Awards celebrated during National Volunteer Week in April.

Services may be limited. Please call 914-948-4452 for availability and information.

“You must be the change you want to see in the world.” -Gandhi

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